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# EJOURNAL OF PUBLIC AFFAIRS

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## The EJOPA Experience: Our Tenth Year

**Andrew P. Lokle, Jr.**

Editor, eJournal of Public Affairs  
Missouri State University

**Darrell A. Hamlin**

Managing Editor, eJournal of Public Affairs  
Fort Hays State University

Please allow us to take a moment to brag a little and share a lot of credit. Volume 10, Issue 1 marks our 10-year anniversary of publishing the *eJournal of Public Affairs, or eJOPA*. The journal evolved from a print publication put out by Missouri State University between 1997 and 2006. Thanks to the efforts of Dr. Rachelle Darabi, in collaboration with the American Democracy Project, *eJOPA* restarted as an online publication in 2012. Adhering to its commitment to excellence and innovation, *eJOPA* has met its ambitious goal of publishing three issues a year—with just two exceptions: once in 2016, when our managing editor died tragically, and the other in 2020, due to the COVID-19 crisis we are all still facing.

*EJOPA* is an academic resource that reflects our good fortune of talent, expertise, and commitment by authors, reviewers, guest editors, editorial board members, and colleagues. We have benefited from the authors bringing their original work to the journal, the reviewers who provide their expertise through the double-blind peer-review process, the editors for their dedication and their impressive skills, and the editorial board members who keep us focused and engaged. We pay tribute to the guest editors over the years who have brought special topics to our attention, and our deep appreciation goes to everyone who has been a part of *eJOPA*'s mission. Faculty, students, community members, administrators, philanthropists, artists, and entrepreneurs are among the many others doing the important work we frame in every issue.

The *eJournal of Public Affairs* is informative, inclusive, and impactful. As a scholarly journal with a civic engagement mission, *eJOPA* also creates opportunities for students and community members. Personally, it has been an honor and privilege to meet, work with, and get to know such engaged, caring, and informed people. We are blessed because our work involves collaboration with remarkable individuals doing incredible things. Being surrounded by talent tends to produce effective and inspiring results, and we believe this is the essence of the *eJOPA* experience.

During the past decade of publishing *eJOPA*, we have innovated our format when the scholarship has allowed us to try something different. This current issue is another example of playing to the strength of the submission. “Cowboys Coming Together: Campus-Based Dialogues on Race and Racial Equity” is the only scholarship in this issue, produced in co-authorship by Tami L. Moore, Michael D. Stout, Patrick D. Gallaway, Autumn Brown, Nadia Hall, C. Daniel Clark, and Jonathan Marpaung. Although we generally publish multiple smaller articles, the Oklahoma State University project discussed in Moore et al.'s article provided a case study that brings out the depth and purpose of an important and successful campus initiative. Because this campus-conversation initiative used a tool developed by Everyday Democracy to make the hard work of hearing each other across divided perspectives more guided and productive, we have included a response to Moore et al.'s article, written by the designers of the tool deployed in the work—a first in the journal's history. Everyday Democracy executive director Martha McCoy presents that response, providing insight into the commitment of the organization to the challenging work of purposeful exchange around public problems such as race and equity. Additionally, Elizabeth Gish of the Charles F. Kettering Foundation has provided a response to Moore et al.'s article which not only offers feedback to the scholarship, but also points to where similar research might continue.

Every issue of the *eJournal of Public Affairs* has included book reviews that provide insight and/or inspiration aligned with purpose in public life. In this issue, we are pleased once again to fulfill that aim. Nora A. Cox reviews two recent books on the importance of productive dialogue and exchange, a capacity for meaningful communication that is more crucial than ever to the success of public life. *We Need to Talk: How to Have Conversations That Matter*, by

Celeste Headlee, and *Reclaiming Conversation: The Power of Talk in a Digital Age*, by Sherry Turkle, reconnect us to the centrality of overcoming divisions of dispute and technology so that we can begin to hear each other again in our full humanity. Cox combines her perspective on the two books into one essay that complements this issue's theme of dialogue.

“Tell Your Story” is our feature section for presenting narrative vignettes that generally do not come with the data or theories expected in academic scholarship. Yet, these are stories of businesses, agencies, individuals, and work that make a difference to the possibilities of public life. Raise Your Hand Texas is a nonprofit organization that advocates in a variety of ways for public education in the state. Whether by recommending ideas to help legislators create sound educational policy, or through its programmatic support for educators, or by offering scholarships to students who dream of a career in the classroom, Raise Your Hand Texas works to make the success story of public education in Texas a reality that continues into the future. We hope you will take the time to watch and share the two video stories of Raquel, a young woman who used support from the Charles Butt Scholarship for Aspiring Teachers to earn her college degree while also holding fast to the commitment of a family whose hard work and love were a driving motivator for achieving her dreams. We are grateful to Raise Your Hand Texas and digital producer Anne Bannister for bringing Raquel's inspiring story to you in this issue. The year 2020 dramatically—and tragically—reminded us that we do not know what the future holds. Whatever the future brings, however, we at the *eJournal of Public Affairs* are dedicated to continuing bringing you scholarship and stories about civic life and the work that supports it.



# EJOURNAL OF PUBLIC AFFAIRS

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## **Cowboys Coming Together: Campus-Based Dialogues on Race and Racial Equity**

**Tami L. Moore, Michael D. Stout, Patrick D. Grayshaw, Autumn  
Brown, Nadia Hall, C. Daniel Clark, and Jonathan Marpaung**  
Oklahoma State University

### **Author Note**

Tami L. Moore, Higher Education and Student Affairs Program, Oklahoma State University–Tulsa; Michael D. Stout, Human Development and Family Science, Oklahoma State University–Tulsa; Patrick D. Grayshaw, Human Development and Family Science, Oklahoma State University–Tulsa; Autumn Brown, Social Foundations of Education, Oklahoma State University–Main Campus; Nadia Hall, Higher Education and Student Affairs Program, Oklahoma State University–Main Campus; C. Daniel Clark, Higher Education and Student Affairs Program, Oklahoma State University–Main Campus; Jonathan Marpaung, Higher Education and Student Affairs Program, Oklahoma State University–Main Campus.

Correspondence concerning this article should be addressed to Tami L. Moore, Associate Professor of Higher Education and Student Affairs, Oklahoma State University–Tulsa, Main Hall 2439, 700 N. Greenwood Avenue, Tulsa, OK 74106. Phone: (918) 549-1172. Email: [tami.moore@okstate.edu](mailto:tami.moore@okstate.edu)

**Abstract**

Public deliberation, as a general approach to exploring complex issues facing geographically defined communities as well as increasing student civic engagement, has gained standing in recent years as a civic engagement tool on college campuses. Everyday Democracy's Dialogue to Change (D2C) program provides a process through which participants deliberate and, most importantly, act toward change to address locally identified issues of concern in the campus-as-community. The purpose of this article is twofold: to describe Cowboys Coming Together, a local implementation of D2C at Oklahoma State University, and to present findings from the initial research exploring the influence of change-oriented deliberative approaches on individual participants and the campus-as-community.

*Keywords:* dialogue to change, race, deliberative dialogue

On March 21, 2019, President Donald Trump signed an executive order calling for federal agencies to ensure freedom of speech at public colleges and universities (McMurtrie, 2019, para. 2). Over the subsequent few days, journalists and other commentators writing in the *Chronicle of Higher Education* drew explicit connections between the order and the administration's earlier critiques of campus officials who had cancelled or otherwise interfered with public speeches to be delivered by individuals holding politically or religiously conservative points of view, or limited the ability of students to disseminate information representing such views. Nicholas Dirks, former chancellor of the University of California at Berkeley, framed these moves as part of a larger "assault on the university" (Fischer, 2019, para. 4) reflecting increased public skepticism and mistrust. Much of the debate around this issue has centered on the line between protected speech and hate speech, a difficult distinction. For instance, a social-media post including racial slurs does fall within an individual's right to free speech; however, these same words are also detrimental to efforts to build community and promote working across differences to address wicked problems.

Public deliberation, as a general approach to exploring complex issues facing geographically defined communities as well as increasing student civic engagement, has gained standing in recent years as a civic engagement tool on college campuses (Harriger & McMillan, 2007; Harriger et al., 2016; Shaffer et al., 2017; Thomas & Levine, 2011). The goal of public deliberation is to achieve progress toward a shared sense of direction or purpose, not consensus or complete agreement on particular solutions. Deliberation also emphasizes the common good rather than the individual, resulting in policy outcomes that benefit a wider range of the population (Harriger & McMillan, 2007, p. 22). College campuses—both as learning and relational spaces, and as physical communities and spaces in and of themselves<sup>1</sup>—comprise fertile environments for building understanding and common purpose. Yet, what is missing from the deliberative approach, as it has typically been employed as a civic engagement tool, is a specific push to act toward change based on new shared understandings. In an increasingly polarized political climate (Dionne, 2012; Fiorina, 2013; Galston, 2010; Mendelsohn & Pollard, 2016; Wolfson, 2006), students and community members need opportunities to not only hear one another's views, but also explore differences productively and then act together toward the common good (DeLaet, 2015; Shaffer et al., 2017). Everyday Democracy's Dialogue to Change (D2C)<sup>2</sup> program offers a process through which participants deliberate and, most importantly, act toward change to address locally identified issues of concern in the campus-as-community. The purpose of this article is twofold: to describe Cowboys Coming Together (CCT), a local implementation of D2C at Oklahoma State University (OSU), and to present findings from the initial research exploring the influence of change-oriented deliberative approaches on individual participants and the campus-as-community.

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<sup>1</sup> We use *campus-as-community* to distinguish among two of the many sets of relationships comprising a college campus. When we refer to the campus as a learning space, we center students, instructors, and others as they engage specifically in the teaching and learning mission of the university. Certainly, per the robust literature exploring the role of student affairs professionals as educators in the co-curriculum (see, in particular, Keeling, 2004), instructors include faculty, graduate teaching assistants, student affairs professionals, and diverse others responsible for the cognitive, psychosocial, and identity development of students during their college years. Nonetheless, the focus is more or less unidimensional. *Campus-as-community*, however, calls attention to issues of climate not only for students and their educators, but also as the physical community combined with relational and affective spaces (Mannarini & Fedi, 2009).

<sup>2</sup> See <https://www.everyday-democracy.org/dialogue-to-change>

## Employing Dialogue to Change

Cowboys Coming Together 2018 used D2C to support a community dialogue on race and racial equity addressing the tense environment around race and ethnic relations on campus resulting from two incidents of racially charged hate speech posted to social media by OSU students on the Martin Luther King, Jr., holiday in 2017, and a third similar post by a student in mid-January 2018. “Hate speech” is the language frequently used in the OSU community—particularly by African American people and their allies—to describe these incidents. Such an application of this term would align, for example, with the American Library Association’s (ALA’s) definition: “Generally, . . . hate speech is any form of expression through which speakers intend to vilify, humiliate, or incite hatred against a group or a class of persons.” However, according to the ALA, “under current First Amendment jurisprudence, hate speech can only be criminalized when it directly incites imminent criminal activity consisting of specific threats of violence targeted against a person or group.” Social-media posts featuring racist tropes, such as those posted by OSU students in 2017 and 2018, do not meet the legal standard for hate speech, where those exist. There is no definition of *hate speech* under U.S. federal law. Both the U.S. Department of Justice and the Federal Bureau of Investigation define *hate crimes*<sup>3</sup>; however, “neither go[es] so far as to provide a distinct definition of *hate speech*, with the FBI stating ‘hate itself is not a crime’—and the FBI is mindful of protecting freedom of speech and other civil liberties” (S. Perez, personal communication, May 26, 2020). Oklahoma State Statute §21-850 (“Malicious intimidation or harassment because of race, color, religion, ancestry, national origin or disability”) does address *hate crimes*, emphasizing “the intent to incite or produce, and which is likely to incite or produce, imminent violence.”<sup>4</sup>

Those establishing law and legal precedent in Oklahoma have taken a similar position, balancing protection from hateful language with freedom of speech. Writing in the *Oklahoma Bar Journal*, Rick Tepker (2017) began an examination of cultural and legal precedents related to hate speech by pointing out the deep commitment to tolerance found in U.S. culture/history:

America is a culture that is more committed to tolerance of extremist speech than any other in the history of the world. And many citizens do not understand why . . . “thoughts we hate” deserve any respect, much less constitutional protection. But we the people learn . . . from “extremist” speech. . . . Hopefully, we can learn that bigotry and paranoia offer nothing that serves the welfare of the United States. (p. 943)

Following a review of 100 years of U.S. case law, Tepker offered this summary: “A dominant consensus supports a libertarian theory of expressive liberty. Existing doctrine developed over the past half-century stands in the way of overzealous regulation. Our law protects the thoughts we hate, including thoughts of hate” (p. 943).

The careful work of defining *hate speech* here contextualizes OSU officials’ response to these actions. University leaders prioritized the right to free speech in their statements following each event. In 2017, OSU president Burns Hargis referred to the posts as “racially-insensitive,” praised students’ silent protest as “an example of how to address inclusion, diversity and equality on campus,” and issued a formal statement denouncing “intolerance or discrimination of any person or group” as “unacceptable on this campus or in our society” (Jones, 2017). Following the

<sup>3</sup> See <https://www.justice.gov/crt/hate-crime-laws>, and <https://www.fbi.gov/investigate/civil-rights/hate-crimes>

<sup>4</sup> See <https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=69387>

2018 incident, Hargis' statement included slightly stronger language, calling the "racially charged social media post . . . unacceptable and disturbing." Hargis continued, "It is a shame that [the student] would exercise his right of free speech in a hurtful and insensitive way" (OSU, 2018). Students, staff, and faculty received these official statements with a range of emotions, from frustration to anger. Their emotions may be best understood against the backdrop of the 2015 expulsion of two University of Oklahoma students who were recorded leading a chant that included racist language (Fernandez & Perez-Pena, 2015). Many in the OSU campus-as-community expected the same decision in the Stillwater cases and expressed frustration when the students were not disciplined through the university's student conduct process.

Beyond the capacity to respond to specific events or persistent issues within the campus-as-community, CCT met a need within the OSU community to address difficult issues using an approach aimed at sustainable change. More generally, CCT also presents an ideal opportunity to explore the effectiveness of a campus deliberative dialogue program in facilitating civil discourse and engagement among diverse groups around issues that affect the learning environment and campus climate at a large land-grant university.

The Cowboys Coming Together dialogue program reflects four fundamental assumptions: (1) the preponderance of empirical evidence about how college affects students underscores the critical importance of fostering an inclusive campus climate, particularly for students who identify with historically minoritized racial/ethnic, gender, and other identities (Mayhew et al., 2016); (2) institutions of higher education have an opportunity to support students' development as change agents in communities and workplaces (Hoffman, 2015; Moore, 2014; Ramaley, 2016); (3) anyone within the campus-as-community can create change; but (4) how they go about this work should differ according to the desired outcome (Kezar, 2018).

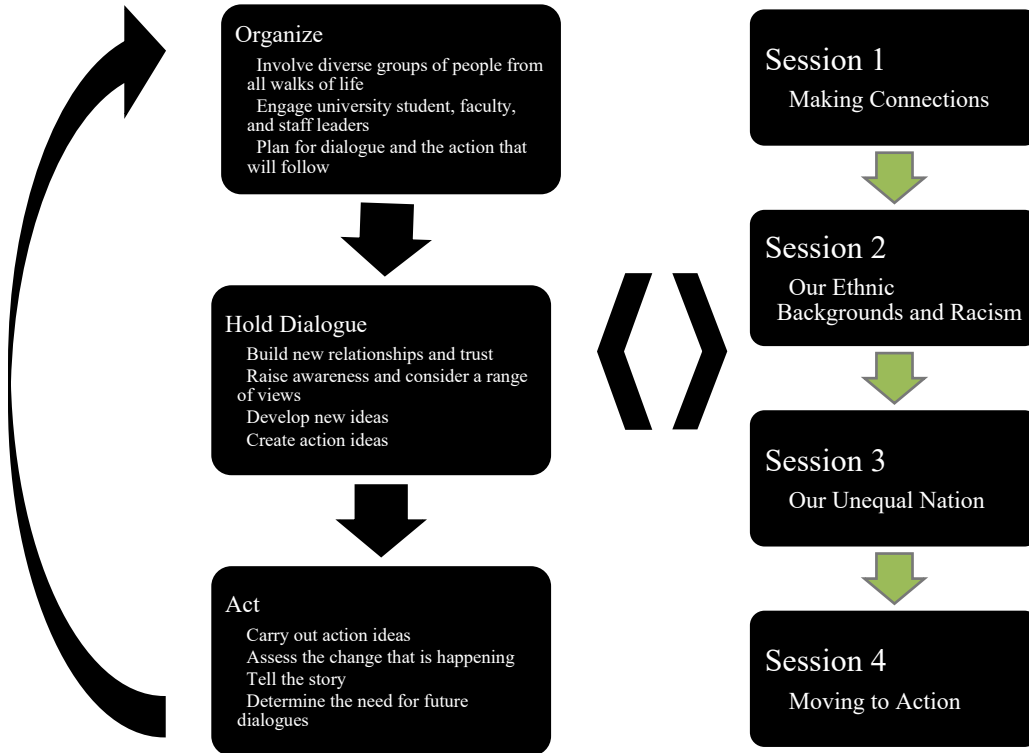
Participants in the CCT program met over time (in this case, 4 weeks), allowing people to develop trust, build relationships, and gain a shared understanding of the issue under discussion. In the 2018 dialogues described in this article, trained facilitators guided and managed the discussions, making room for all voices as group members worked through an issue discussion guide designed specifically for the OSU community to develop an action plan intended to address racism and racial equity on campus. In the first session, group members created ground rules and a framework to help make the conversation work for everyone. People began with personal stories and then moved on to a discussion of the impact of systemic racism, incorporating U.S. Census data and other relevant factual material into the conversation. The CCT utilized the guide published by Everyday Democracy, *Facing Racism in a Diverse Nation* (Abdullah & McCormack, 2008), in which the authors do not define *racism* or *systemic racism* but rather provide examples. In Session 2, facilitators led participants in an exercise aimed at developing a common understanding within the group of keywords, including *racism*, *institutional racism*, *discrimination*, *stereotyping*, and *prejudice*. As noted in the facilitator notes for Part 3 of this session, "If more information is needed," participants are invited to "bring definitions of the words to the next session" (p. 15), along with examples of these words from radio, television, and newspapers. Facilitators introduced Session 3, entitled "Our Unequal Nation," in the following way: "For next week's session, the group will take part in an activity about advantages and disadvantages based on race or ethnicity." This third session included a discussion based on 2000 U.S. Census data reflecting the extent to which "people in our country are (still) behind in areas like education, health, and employment." Dialogue participants



examined these issues from diverse viewpoints, considered many possible approaches, and ultimately developed ideas and plans for action and change in order to improve the campus climate for all community stakeholders. Figure 1 illustrates the three phases of the CCT dialogue to change program.

**Figure 1**

*Overview of the Dialogue to Change Process*



**Studying Dialogue to Change**

What we learned from the Cowboys Coming Together experience, and the program evaluation and research efforts, speaks to the current and traditional scholarship about students’ civic development (Battistoni & Longo, 2011; Bryant et al., 2012; Colby et al., 2010; Longo & Gibson, 2011; Mayhew et al., 2016) as well as organizational change for social transformation in higher education (e.g., see Barnhardt, 2017; Dugan, 2017; Kezar, 2018; Kovacheff-Badke, 2017). An interdisciplinary and intergenerational research team including masters- and doctoral-level students-as-[research] colleagues (Longo et al., 2016), staff, and faculty worked alongside CCT organizers to design and implement the first phase of a longitudinal research project exploring the impact of deliberative dialogues on student success and campus climate. Three research questions (RQs) guided the design of this multi-phase convergent parallel mixed-methods study (Creswell, 2014):

- RQ1: What is the impact of participation in a dialogue to change program on members of a land-grant university community?

RQ2: How does participation in a deliberation program impact campus culture and student experiences?

RQ3: How does deliberative dialogue impact a university community's capacity for change?

Empirical findings in this article explore the impact of the CCT program on students as measured by changes in social capital, civic agency, and knowledge and attitudes related to issues of race and racial equity in the OSU community. The conclusions presented in the article emerged from a contextualization of the empirical analysis within a historical narrative of race, integration, and racial equity in the OSU campus-as-community.

## **Data and Methods**

This ongoing study employs multi-phase convergent parallel mixed methods (Creswell, 2014) in examining the impact of participation in Cowboys Coming Together on student success, campus climate, and the institution's capacity for organizational learning and change. Researchers collected data representing multiple perspectives on these phenomena: oral histories and archival documents related to the experiences of students of color at OSU; individual and group interviews with members of the OSU community who volunteered to participate in the CCT dialogue program; and survey data exploring changes in participants' civic attitudes, behaviors, and networks associated with participation. The following sections summarize the methods.

### ***Historical Methods***

Harvey (1993) argued that it is impossible to separate what happens from the place where it happens; in the context of the Cowboys Coming Together program, place extends to the historical, sociopolitical, and cultural aspects of a particular locale. Further, the stories that institutions tell about themselves influence nearly every aspect of a campus community (Clark, 1972). With these two ideas in mind, the two members of the research team who are trained historians explored a variety of primary and secondary sources, including oral histories, archived student publications, contemporary and retrospective stories from area media outlets, and the university's Centennial Series volumes, which tell the story of OSU's first 100 years. Drawing from these diverse primary and secondary sources allowed us to contextualize CCT vis-à-vis not only OSU's telling of its own history (e.g., Kamm, 1990; Kopecky, 1990; Murphy, 1988; Rulon, 1975), but also the stories that former students and faculty have told (e.g., Davis, 2009; Latimer, 2008; Wetzel, 2010) about their time at OSU.

### ***Participant and Facilitator Surveys***

Two surveys were administered to participants, and one survey was administered to facilitators. Data on participant demographics, their involvement in campus organizations, indicators of social capital and civic participation, and their evaluation of the CCT program were collected using two online surveys administered using Qualtrics. Facilitator experiences were captured using a paper evaluation survey that was administered at the action forum following the completion of all five CCT dialogue sessions.

The post-dialogue participant survey was used to gather demographic information, to evaluate the outcomes of the CCT program, and to measure participant civic engagement outside of CCT. Civic engagement was measured through 12 questions adapted from the Social Capital Community Survey (Saguaro Seminar, 2006). These questions asked about CCT participant

behaviors such as whether they attended a rally or a speech, signed a petition, and/or volunteered. Slightly less than half, or 30 of the 74, CCT participants completed evaluations at the event, representing a 41% response rate. Appendix A includes the participant evaluation instrument.

A second survey was administered to gather the campus organizational affiliations of CCT participants which were used to determine the organizations that were central to the CCT network. The second survey also included questions on participants' self-efficacy and trust which were adapted from the Social Capital Community Survey. Participants shared the number of campus organizations they were currently actively involved with, as well as how many they had been involved with during their overall time at OSU. Appendix B includes the second survey instrument.

The social network portion of the second survey was an open-ended bipartite questionnaire (Borgatti et al., 2018). Each respondent was also asked to provide the names of the campus organizations in which they were actively involved. Open-ended surveys can produce errors due to respondents' memory and accuracy, but in this study, using them meant that the researchers did not need to provide a closed list of every campus organization to participants. Because the program was developed to address an immediate need, the survey was not able to gather information about how well participants knew each other; instead, organizational memberships were the only network-related data gathered.

Facilitator experiences were captured using an evaluation survey administered at the action forum. Six of the eight facilitators attended the action forum and completed evaluations, representing a 75% response rate. Survey questions asked about their perceptions of how the dialogues went, their satisfaction with the experience of serving as a facilitator, and their thoughts about the future of the CCT program. Appendix C includes the complete facilitator survey.

### ***Individual and Group Interviews***

Student, faculty, and staff representing all five dialogue groups took part in one of two 60- to 90-minute group interviews (n = 8) and individual interviews (n = 1) of 7–10 minutes on the day of the action forum, 1 week following the end of the dialogue phase. Researchers conducted a third group interview with six of the 10 facilitators 2 weeks after the conclusion, using the group interview protocol included in Appendix D. Audio recordings of the group interviews were transcribed verbatim, with reference to the video recording to identify/confirm the identity of a speaker or otherwise check the accuracy of the transcription. Researchers prepared written summaries of the interviews, and video recordings of the individual interviews will be used to promote future rounds of the dialogue program.

Three of the seven authors analyzed the qualitative data, working together in phases. An initial round of in vivo coding (Saldana, 2009) conducted by one author revealed eight emergent codes, which collapsed into five categories. The other two researchers read the complete dataset, developing initial impressions of “the *story* of the data” (Moore et al., 2013, p. 31; see also Taylor & Bogdan, 1998) as it began to emerge. The team first engaged in a prolonged discussion about the consistencies and inconsistencies among each member's initial understandings. Careful attention to participants' use of language and the application of Jackson and Mazzei's (2012) “thinking with theory”—grounded in hermeneutics (von Zweck et al., 2008), identity development and race relations on campus (Cabrera, 2018; Harper, 2013; Linley, 2018; Mayhew

et al., 2016), and deliberative democracy (Harriger et al., 2016; Longo & Gibson, 2011; McCauley et al., 2011)—suggested that categories could be further synthesized. This revealed patterns of deepening engagement by participants in the deliberative process: coming together for connection, expanding awareness, and moving into action.

Scholarship related to the experiences of students of color at predominantly/historically White institutions, such as OSU, suggested that Black participants' experiences may have been qualitatively different from those of the White participants (Harper, 2013; Ledesma, 2016; Linley, 2018). The team then conducted a second round of coding to uncover whether or how participants' experiences differed according to their racial identity and/or their role/status within the university. Responses to interview prompts differed very little among students, staff, and faculty participants. Race, however, did prove to be a salient distinction among participants. In this second analytical phase, three themes emerged, connecting a specific and iterative sequence of experiences (von Zweck et al., 2008) across differences in racial identity and role/status within the OSU community: (the desire for) change; (finding/using one's) voice; and thinking/moving beyond the dialogue experience. A third phase of the analysis consisted of bringing together the patterns and themes. How, for example, did participants explain the influence of their expanding awareness of self or others on a deepening commitment to call out discrimination and hate speech within themselves and others? Figure 2 reflects the patterns of deepening engagement as a drilling down through any one specific category, thereby encouraging the individual to shift focus to a new aspect of the experience. Finally, researchers conducted a fourth round of analysis using the cells shown in Figure 2 as categories for the data.

**Figure 2**

*Patterns of Deepening Engagement by Participants in Three Aspects of the Dialogue to Change Model*

	What triggered	[Desire for] Change	What triggered finding/using one's voice?	Voice	At what point were individuals ready to act?	Beyond the Dialogue
No specific expectations	coming together?	OSU Climate		Individuals becoming aware of their own active and passive racism		Action Plan Action steps Taking Action Implementation
Coming Together for Connection						
Expanding Awareness						
Moving into Action						
		What propelled the transition from desire to change to finding/using one's voice?		What propelled the transition from finding/using one's voice to thinking beyond Cowboys Coming Together?		How do the individual experiences in CCT connect to collective action and campus change?

In a final round of qualitative data analysis, we refined the definitions of the categories to more accurately represent participants' experiences and attitudes about participating in the dialogues and how this experience would potentially influence their future involvement on campus. Three themes as well as common patterns in participant experiences emerged from the data. Figure 3 illustrates excerpts from the dataset which illustrate the progression from connections with other concerned community members through a desire for action based on the dialogue experience.

**Figure 3**

*Participants' In Vivo Descriptions of Deepening Engagement and Desire for Action as a Result of CCT Participation*

		Change		Voice		Beyond the Dialogue
Coming Together for Connection	<p><i>“Interested in multicultural education, so participation aligns with my teaching assignment.”</i></p> <p><i>“I attempt to actively participate in all efforts that bring about concern of racial anything.”</i></p> <p><i>“[T]he topic is important to me, and I work in a bubble of very supportive people and was excited to talk to people outside that bubble.”</i></p> <p><b>What triggered coming together?</b></p>	<p><i>Really excited about talking to people who are experiencing different things on campus.</i></p> <p><i>“We’re on the same page, and so to have that validated with responses from others” was powerful and affirming.</i></p>	<p><b>What propelled the transition from desire to change to finding/using one’s voice?</b></p> <p><i>“It’s going to take all of us having voices at the table to figure out how to tackle this.”</i></p> <p><i>“Seeing people that are not minorities, have the same frustration as I do . . . to actually have to sit down and feel their pain about what’s going on that may not particularly affect them but affects others . . . that was kinda new for me.”</i></p>	<p><i>“Personally being black at a predominantly white institution, I wanted to tell my story.</i></p> <p><i>“I’ve never seen a discussion like that before. Everyone let everyone finish. It was respectful.”</i></p>	<p><b>At what point were individuals ready for concrete action?</b></p> <p><i>“I would just hope that . . . we wanna give every student that walks onto this campus an opportunity to succeed. If we know there are . . . problems that exist . . . why not tackle them authentically, not to succeed.”</i></p>	<p><i>“Dialogues are good, but action steps are better because it requires people to move forward allowing people to make a better difference.”</i></p>
Expanding Awareness		<p><i>“I discovered . . . that there is a huge difference between having policies written and letting populations feel supported and included.”</i></p> <p><i>“It’s given me a better understanding of [racism] . . . as something that’s . . . possibly not intentional but it’s still there and very, very real.”</i></p>		<p><i>“Their experiences brought to life what we see on the news [about interactions with law enforcement], into reality in the town of Stillwater.”</i></p> <p><i>“[I]t doesn’t make their experiences and feelings any less real because I can’t understand them. . . . This experience brought home how [self-centered] I really have been in not acknowledging a different perspective. It wasn’t intentional but it was there.”</i></p>		<p><i>“if we can gain the skills going through this process to start conversations that need to happen . . . and then give people the permission to say it’s OK for you to be honest with me and . . . you’re not going to offend me.</i></p> <p><i>“Racism is always a touchy subject, but I . . . want to have the conversation more often and maybe not be as hesitant to bring it up . . . because once the conversation gets going it could lead to something positive.”</i></p>
Moving into Action		<p><i>We’ve already addressed gender equities and rape on campus and there’s campaigns in their training; why aren’t we tackling it the same way in terms of race?</i></p>		<p><i>“I can make a difference by getting involved. Just do it!”</i></p> <p><i>“I will never be a bystander ever again.”</i></p> <p><i>“I’ve definitely learned to not be so aggressive in my reactions, but as a person who often finds himself as the only person of color, my ability to listen and to comprehend has definitely increased significantly.”</i></p>		<p><i>“change the very fabric of OSU.”</i></p> <p><i>“I’m encouraged by the leadership of the students and also the other faculty and staff.”</i></p> <p><i>“How do we get people in these conversations . . . who really need to be a part of these conversations? How do you politely invite someone to a conversation like this?”</i></p>

Legend: Black Student White Student Black Staff White Staff Faculty

### Participant Characteristics

Table 1 summarizes the demographic characteristics of CCT participants. The majority of CCT participants identified their gender as female (57%), and the groups were racially/ethnically diverse: a plurality of participants were White (47%), followed by African American (27%), multiracial (17%), Latinx (7%), and Native American (3%) participants. Politically, the majority of participants identified as liberals (63%), followed by moderates (20%) and conservatives (3%).

**Table 1**

*CCT Participant Demographics*

Characteristic	Total	%
<i>Gender</i>		
Male	13	43.3
Female	17	56.7
<i>Political Ideology</i>		
Liberal	19	63.3
Moderate	6	20.0
Conservative	1	3.3
Don't Know	4	13.3
<i>Race</i>		
White	14	46.7
Black	8	26.7
Native American	1	3.3
Latinx	2	6.7
Multiracial	5	16.7
	M	SD
Age	31.83	11.474

*Note.* n = 30. Respondents were asked to check all racial categories that applied to them. Respondents were collapsed to “multiracial” if they checked multiple categories.



Table 2 summarizes participants' levels of trust, self-efficacy, and campus group involvement. In general, participants reported fairly high levels of self-efficacy, with 81% of respondents believing they could at least make a moderate impact in their community. Participants also reported high levels of social trust, with 62% of respondents indicating that they believed most people can be trusted. Participants were also likely to be active in campus groups and organizations. In total, 76.2% of respondents indicated being a member of a campus group, and 52.4% of respondents indicated they were actively involved in a campus group. Those respondents who were members of campus organizations participated in an average of 2.79 groups during their time at OSU. Of those active members, respondents indicated participating in an average of 1.21 groups.

**Table 2***Efficacy, Trust, and Participation in Campus Groups*

Variable	Total	%
<i>Overall, how much impact do you think PEOPLE LIKE YOU can have in making your community a better place to live?</i>		
A small impact	8	19.0
A moderate impact	18	42.9
A big impact	16	38.1
<i>In general, do you think that most people can be trusted or that you can't be too careful when dealing with people?</i>		
You can't be too careful	11	26.2
Most people can be trusted	26	61.9
	M	SD
	(N)	
Number of campus groups a participant had been a member of since being at OSU	3.16 (37)	2.754
Number of campus groups with which a participant was currently actively involved	1.59 (32)	1.341

*Note.* n = 42. For missing data related to the number of groups, an adjusted n appears.

Table 3 reports participant involvement in political and non-political engagement per the post-dialogue survey. A majority reported volunteering in the community (80%), voting in an election (60%), and working informally with others to solve a community problem (63.3%) in the previous year. The lowest reported engagement activities included writing a letter to a newspaper (6.7%) and working for a political party (6.7%).

**Table 3***Civic Participation*

Form of Engagement	Total	%
Have you written to one of your elected representatives in the past year?	9	31.0
Have you attended a rally or speech in the past year?	12	40.0
Have you attended a public meeting on town or school affairs in the past year?	10	33.3
Have you signed a petition in the past year?	15	50.0
Have you served on a committee for some local organization in the past year?	10	33.3
Have you voted in an election in the past year?	18	60.0
Have you volunteered in the past year?	24	80.0
Have you written a letter to the paper in the past year?	2	6.7
Have you worked for a political party in the past year?	2	6.7
Have you been a member of some group like the League of Women Voters or some other group which is interested in better government in the past year?	4	13.3
Have you served as an officer of some club or organization in the past year?	12	40.0
Have you worked informally with others to solve a community problem in the past year?	19	63.3

*Note.* n = 29. One respondent did not answer the set of questions on civic participation.

**Network Characteristics**

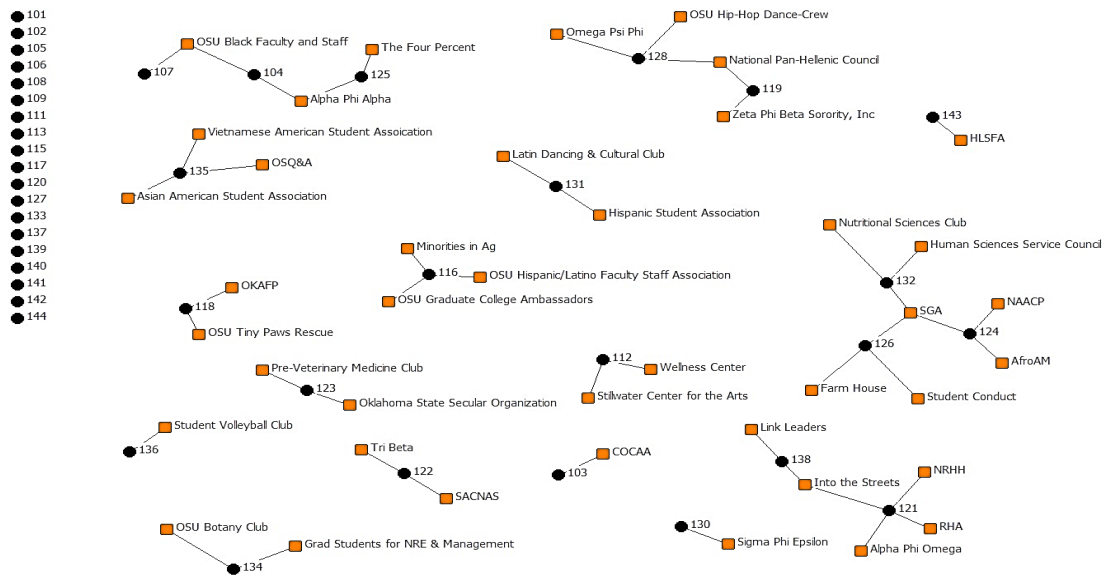
The results of the social network survey provided a unique perspective on the network structure of CCT. The bipartite network map (shown in Figure 4) offers an overview of the participants' connections to various campus organizations. Furthermore, bipartite network centrality was calculated for the organizations in order to determine which campus organizations were most connected through CCT. Finally, the individuals in the network were examined to determine how they potentially bridged campus organizations through their participation in the CCT program.

***Bipartite Network Map***

Figure 4 depicts a bipartite network map of responding participants’ organizational memberships, with squares representing campus organizations and circles representing CCT participants. Generally, bipartite network maps reveal how participants are connected to each other through the organizations with which they are involved (Borgatti & Everett, 1997). Respondents included students, staff, and faculty who participated in CCT<sup>5</sup>; 52.4% of participants indicated being actively involved in a campus organization (represented as circles attached to a square), while 46.7% of participants were not actively involved in an organization (represented by unattached circles to the side of the map). In total, 42 campus organizations were represented in the first round of CCT, ranging from student governance (i.e., Student Government Association [SGA], Residence Hall Association, National Pan-Hellenic Council [NPHC]) to fraternities, sororities, and academic clubs. Multicultural or cultural organizations were common, representing historically Black fraternities and sororities (i.e., Omega Psi Phi, Zeta Phi Beta Sorority, Alpha Phi Alpha) and their governing council (NPHC), and solidarity groups such as the OSU Black Faculty and Staff Association, Asian American Student Association, and The Four Percent,<sup>6</sup> an emerging organization of Black students. Additionally, it should be noted that the OSU Black Faculty and Staff Association is an exclusively faculty/staff advocacy group, which was connected to student organizations through participants.

**Figure 4**

*Bipartite Network Map of CCT Participant Membership in Campus Organizations*



<sup>5</sup> The research team designed the survey informed by an assumption that (only) students would be participants; accordingly, we did not distinguish responses based on campus status. Researchers included a question about campus status (student, staff, faculty) in the survey designed for future rounds of CCT.

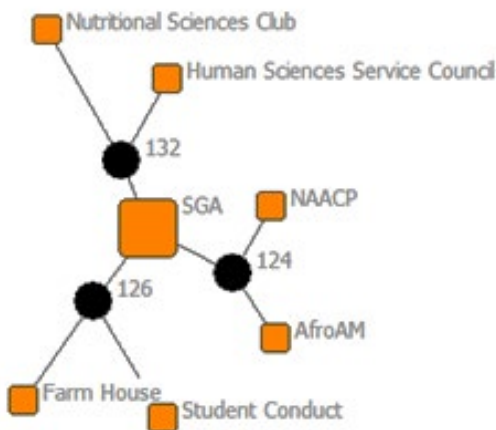
<sup>6</sup> The name of this organization refers to the segment of the OSU student body that identifies as Black or African American.

### *Network Centrality*

Within a campus-as-community such as OSU, one might reasonably expect students and staff to interact with one another in specific student organizations and activities but not all activities. In other words, not every student/participant who is active in a campus organization will know all staff who work in particular student affairs offices. Students also connect with staff and faculty through their academic pursuits, but these relationships are somewhat localized around academic advising and coursework required for a particular degree, connecting other individuals who are in turn connected to other organizations. We used the concept of *network centrality* to determine the structural importance of a specific node—an organization populated by combinations of students, staff, and/or faculty—based on its position within the larger network (Borgatti et al., 2018). The most central organizations in the OSU campus-as-community social network are part of the SGA cluster, as highlighted in Figure 5. Centrality, here, represents how close an organization is to a central node, connecting multiple individuals. These are the organizations that have the most access to other organizations within the CCT network. The SGA is the most central organization in the larger network, connecting the remaining most central organizations (see Table 4). In turn, these relationships create a cluster of centrality. In light of the SGA's centrality, the CCT program will be less important to the SGA than other organizations for establishing new connections and partnerships. The SGA cluster, in turn, is less impacted by CCT compared to less central organizations such as the Greek-letter organizations or student organizations affiliated with an academic department or college.

**Figure 5**

*Central Organization Cluster, with Larger Sizes Representing Greater Centrality*



**Table 4***CCT Central Organizations*

Organization	Eigenvalue
Student Government Association	0.775
FarmHouse	0.258
Student Conduct	0.258
NAACP	0.258
Afro-AM [Afro-American Student Association]	0.258
Human Sciences Service Council	0.258
Nutritional Sciences Club	0.258

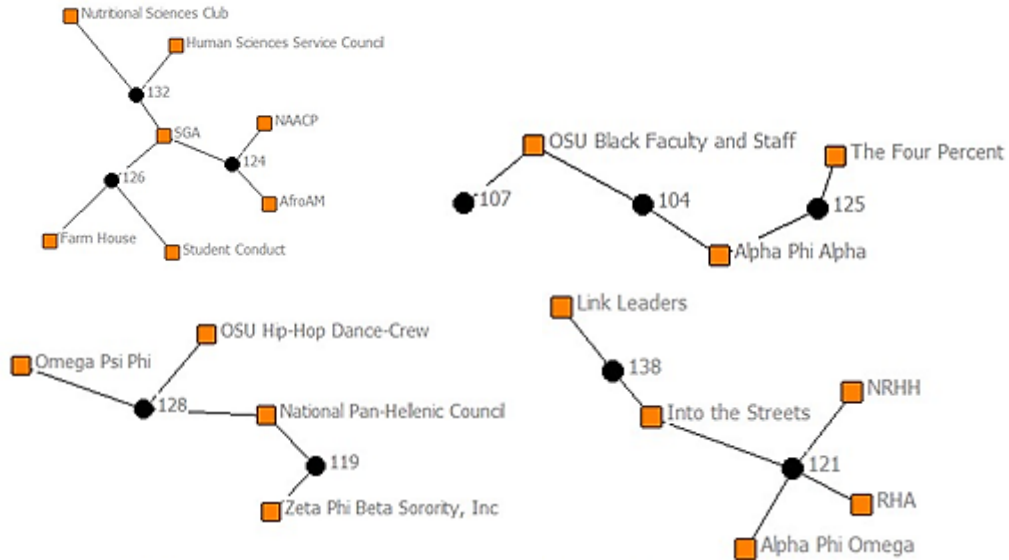
***People Bridging Organizations***

As Figure 6 shows, the CCT participants bridged certain campus organizations. These bridging individuals connected two or more campus organizations into a cluster. For example, an SGA cluster pulled together three students who were all connected to additional organizations (i.e., FarmHouse Fraternity, Student Conduct, Nutritional Sciences Club, Human Sciences Service Council, NAACP, and AfroAM). Other clusters, such as participants 125, 104, and 107, showed a connection of three organizations focused on cultural issues or solidarity (i.e., The Four Percent, Alpha Phi Alpha, and the OSU Black Faculty and Staff Association). Omega Psi Phi, a historically Black male fraternity, and Zeta Phi Beta, a historically Black sorority, were connected through their governing council, the National Pan-Hellenic Council.

A number of organizations bridged the connection between two participants, as highlighted in Figure 6. The SGA was the most prominent bridging organization, connecting five student organizations. Alpha Phi Alpha bridged two African American organizations, while the NPHC bridged the male NPHC fraternity (Omega Psi Phi) with the female NPHC sorority (Zeta Phi Beta).

**Figure 6***Clusters of Campus Bridging Organizations*

## COWBOYS COMING TOGETHER



### Participant Outcomes

Participants responded to four survey questions about outcomes resulting from participation in the CCT (see Table 5). In general, respondents felt that participation in CCT had a positive effect on them, and no one indicated that they had a negative experience. It is particularly noteworthy that 93% of respondents felt that participation had increased their understanding of others' attitudes and beliefs, and 90% felt that participation had increased their ability to communicate more effectively with people who have beliefs different than their own.

**Table 5***Participant Outcomes*

Outcome	Total	%
<i>What effect, if any, has CCT had upon your ability to discuss issues openly and frankly?</i>		
No change	8	26.7
Increased	21	70.0
<i>What effect, if any, has CCT had upon your understanding of your own attitudes and beliefs?</i>		
No change	6	20.0
Increased	23	76.7
<i>What effect, if any, has CCT had upon your understanding of others' attitudes and beliefs?</i>		
No change	1	3.3
Increased	28	93.3
<i>What effect, if any, has CCT had upon your ability to communicate more effectively with people who may have different beliefs?</i>		
No change	2	6.7
Increased	27	90.0

*Note.* n =29. One respondent did not answer the set of questions on civic participation.

**Findings from the Historical Analysis**

Cowboys Coming Together began, in part, in an effort to provide a space for members of the OSU campus-as-community to process thoughts, feelings, and ideas for change in response to the second instance of racially charged social-media posts on the MLK holiday in 2017 and 2018. To understand the culture and climate of the OSU Main Campus, located in Stillwater, Oklahoma, in spring 2018, one would be well served to consider the history of race, integration, and racial equity since the integration of the OSU campus in 1949 by Nancy Randolph Davis.

This brief and incomplete history<sup>7</sup> of the experiences of Black students in the OSU community is unsettling in the sameness of many of the stories recorded from one day to the next, much less one decade to the next.

Consider, for example, Patrice Latimer, the first African American president of OSU's Student Government Association elected in 1973. On March 8, 2017, Latimer spoke with Erica Stephens, the second African American SGA president who had just been elected 2 days earlier. During their call, the two women found many similarities between their campaign experiences: Both had White male running mates at a time when the OSU campus and the United States were experiencing long-dormant political divisions, and both offered a campaign message of unity to a campus community recently divided by racially insensitive incidents (Medill, 2017). In 2002, the Southern Poverty Law Center included on its website photographs from an OSU fraternity party as an example of hate crimes occurring in the United States. At the time, a senior OSU administrator rationalized the fraternity members' costumes depicting a lynching as the result of "ignorance," a word that resonates in the present. Wilbanks Smith, the OSU football player who delivered a violent tackle against Drake University fullback Johnny Bright in 1951, insisted in a 2012 interview that the famous incident was not motivated explicitly by any racist attitudes of his own, but rather by instructions from his head coach (Fredrickson, 2012). Those responsible for the 2017 and 2018 social-media posts apologized the next day, taking "full responsibility" for their "thoughtless" post, even though it was "never [their] intention to cause harm" (Britton, 2017), and acknowledged "showing an extreme lack of character . . . [for which they were] truly sorry" (Gregory, 2018). OSU's president responded via Twitter in 2017, calling the Instagram post "thoughtless and insensitive." His statement following the 2018 SnapChat post including a racial slur expressed sadness that the student responsible "would exercise his right of free speech in a hurtful and insensitive way" (Gregory, 2018). Each year, OSU's president spoke forcefully about the OSU community's commitment to fighting intolerance (Britton, 2017; Gregory, 2018).

Since January 2017, African American students and their allies have organized in multiple groups to call for changes by university administrators to address what they see as either causes or effects of racism and hate speech. All groups have called for establishing mandatory diversity training for students; other ideas have included amending the Student Code of Conduct to address "racially insensitive and/or racist rhetoric and behavior," hiring more faculty of color, and a joint statement from senior administration "detail[ing] plans to enhance race relations" (Britton, 2018, para. 4) on campus.

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<sup>7</sup> The American Historical Association (1998) maintained that history, "as a subject of serious study," is "inescapable" because "the past causes the present, and so the future. Any time we try to know why something happened . . . we have to look for factors that took shape earlier. . . . Only through studying history can we grasp how things change; . . . and only through history can we understand what elements of an institution or a society persist despite change" ("History Helps Us Understand Change" section).

To be clear, in characterizing the history presented here as "incomplete," we do not seek to highlight gaps in the O-State Stories oral history collection or the OSU special collections. Rather, we suggest that there is more that could (and, arguably, should) be done in the way of historical analysis of the integration of Oklahoma A&M College and the experiences of Black students at OAMC and OSU. Doing so could bring necessary clarity about the elements of OSU's campus culture and institutional structure that have persisted despite other historical changes and the comings and goings of particular personalities and generations of students. Those persistent elements must be addressed in our campus-as-community's efforts to move beyond patterns of attitudes and behavior extending across eight decades.



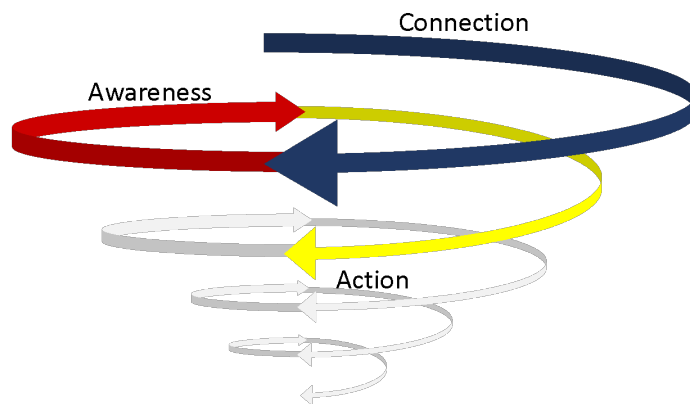
### Connection, Awareness, and Action: Findings from the Qualitative Analysis

Students, faculty, and staff (n = 8) representing all five dialogue groups, and six of the 10 facilitators, took part in group and individual interviews following the dialogue phase of CCT. As a result of in vivo coding (Saldana, 2009), a unique set of patterns and themes emerged from the data, reflecting attitudes, emotions, and experiences shared among participants, independent of their role within the campus-as-community.

Three themes emerged from the data as a result of in vivo coding (Saldaña, 2009): a common desire to effect change, finding/using one's voice to influence plans for change, and a desire to move beyond the initial dialogue, either by broadening or changing the topic, or moving toward action based on the work of the dialogue group. Data analysis further revealed a specific pattern in participants' experience of the dialogue process present in each of the three themes. The data suggest that many people initially chose to participate in the Cowboys Coming Together dialogue program because they were concerned about the impact of recent incidents on individuals and the campus-as-community as a whole, and they wanted to be part of making a change. The commitment to making change may have been more deeply held by some participants than others, but all of them spoke to a strong interest in connecting with others who shared their concerns and a desire to see something different. Figure 7 depicts a progression from making a personal connection to awareness of others' experiences, to a desire for action.

**Figure 7**

*Patterns in Participants' Experience of the Dialogue to Change Process*



Within the three themes—desire for change, finding/using one's voice, and thinking/acting beyond the dialogues—we found evidence of individual and collective movement through a pattern of connection, awareness, and action (see Figure 3 for excerpts from the dataset which further illustrate participants' progression). Connections were made and, in the process, individuals expanded their awareness of themselves and others, and—since they felt more connected and had tapped into a richer awareness of issues and possibilities—they deepened their commitment to the dialogue to action model.

### The Evolution of a Campus-Based Dialogue Initiative

The empirical findings presented earlier reflect research conducted as part of a systematic evaluation of the inaugural dialogues funded by Campus Compact's Fund for Positive Engagement. The research and evaluation team included members of the core organizing team as well as other faculty and graduate student partners with intersecting research interests.<sup>8</sup> We anticipate that some readers came to our work out of an interest in starting a similar initiative or learning from the successes and challenges that Cowboys Coming Together faced over time. We would be remiss not to offer an overview of the core team's<sup>9</sup> work to sustain dialogue on campus as well as an honest assessment of the challenges we continue to navigate. Therefore, in this article, we explore barriers to and supports for the work of promoting a dialogue to change approach to strengthening campus culture, key takeaways from these experiences, and some practical recommendations for sustaining campus-based dialogue to change initiatives.

### **Sustaining the Initiative**

As of this writing, the campus-based dialogue initiative discussed here is 3 years old. Since January 2018, the core organizing team for Cowboys Coming Together has hosted three annual dialogue cycles. Through evaluations and the findings reported earlier, participants indicated their belief in the necessity of continuing the focus on facing racism in Year 2. Based on the low participation numbers for the 2019 dialogues, the CCT core team members decided in 2020 to shift the focus of topics to the impact of social media on the campus-as-community. The team conducted a National Issues Forum-style concern-collecting process (Rourke, 2014),<sup>10</sup> soliciting input on three questions:

- When you think about the influence of social media on the OSU community, what concerns do you have?
- What concerns do you hear others around you expressing about the influence of social media on the OSU community?
- What do you think should be done to address the influence of social media on the OSU community?

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<sup>8</sup> The authors recognize the contributions of Dr. Sarah Gordon, now of Arkansas Tech University, and Dr. Mike Yough, Candace Thrasher, and Mark Nelson of Oklahoma State University. Sarah and Mike collaborated on the design of the longitudinal research study, and Candace and Mark assisted with data collection for the Fund for Positive Engagement final report.

<sup>9</sup> Dave Lassen served as co-principal investigator, along with Tami and Mike Stout, on the Campus Compact grant, provided logistical support in Year 1, and supervised the graduate intern who supported those functions in Year 2. The challenges stemming from the primarily volunteer core team emerged after Lassen left the university for a new position and thus highlight the extent to which his contributions advanced the launch of this initiative. Cowboys Coming Together/OKState Dialogues4Change continues to succeed because of the work of Melisa Echols, Project Leader for the campus-based dialogue initiative, and the commitment of Charmaine Motte, Charles "Chico" Haring, James Sullivan, Angel Gooden, Fred Dillard, Robert Owens, Alicia Lane, Betsey Weaver, Joyce Montgomery, Philip Goodman, Bianca Boyd, and Lindsey Abernathy. The initial core team also included Alexis Persons, Joseph Fastuca, Molly Bennett, Hamed Sirleaf, Jeronda Robinson and Brittany Carradine, all of whom have moved on to other universities.

<sup>10</sup> Providing an outline of the National Issues Forum process for naming and framing issues for public deliberation is outside the scope of this article. Those interested in exploring this approach further should consider reviewing the following publication: Brad Rourke (2014). *Developing materials for deliberative forums*. Kettering Foundation. The guide is available for free download from the Kettering Foundation by visiting this link: <https://www.kettering.org/catalog/product/developing-materials-deliberative-forums>

Initial interest in this topic was high: 459 people responded to the three-question survey distributed through the all-campus email listserv. Approximately 30 members of the OSU community, primarily students, participated in one of three focus groups hosted by CCT core team members, using these three questions as the group interview protocol.<sup>11</sup>

Core team members and OSU faculty who study social media worked together, following the NIF process outlined by Rourke (2014), for the initial analysis of the data. Upon identifying groups of like concerns, or themes, in the data, we drew on these themes to inform the focus for sessions designed according to Everyday Democracy's dialogue to change model. The result was a four-session dialogue series including sessions on the role of technology in individual lives, exploring attitudes about social media expressed by members of the OSU campus-as-community; deepening understanding of how concerns in the OSU community relate to concerns expressed in the media about what happens when people across the United States and around the world connect via social-media platforms; and setting priorities for action.

Thirty students, staff, and faculty registered for the 2020 dialogues, which began as face-to-face events and—in response to the university's cancellation of all in-person events during the first phase of the COVID-19 restrictions—moved to virtual gatherings beginning in Week 3. The implementation of shelter-in-place precautions drastically reduced participation in the action forum and effectively undermined the action phase of these third dialogues. Those who did participate in the forum agreed that the dialogues themselves could be an effective response to the social isolation associated with social-media platforms as the primary venue for interacting with others. Two participants have joined the core team, investing their efforts toward change in strengthening the infrastructure for this primarily volunteer effort.

### ***Supports for Dialogues***

Everyday Democracy's dialogue to change model begins with an organizing phase, a time for leaders to build support by engaging with a broad representation of the campus-as-community to recruit leaders and participants from around the campus. At OSU, the dialogue initiative known as Cowboys Coming Together and then as OSU Dialogues4Change benefited from support by administrators around campus to secure adequate funding and to support participant recruitment, and from participation by individuals with broad-based connections.

Ultimately, the dialogue process yields the most impactful results when people who do not ordinarily interact with one another come together. Cowboys Coming Together emerged from the independent efforts of individuals in two academic colleges and the Division of Student Affairs. Beginning in January 2016, students, professional staff, and faculty with connections to OSU's Higher Education and Student Affairs program started a book discussion group focused on student leadership development. In spring 2017, Mike Stout<sup>12</sup> began conversations with colleagues in the College of Human Sciences about introducing the dialogue to change approach as a way to bring community-driven change to the OSU community. These two sets of actors coalesced around the Campus Compact Fund for Positive Change grant in July 2017.

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<sup>11</sup> Core team members and OSU faculty who study social media worked together, following the NIF process, to analyze the data. First, working in pairs, we grouped like concerns; then, reviewing the concerns, we identified the "thing held valuable" in each group.

<sup>12</sup> Unless otherwise indicated, all future references to "Mike" in this article refer to Mike Stout.

In the initial organizing work, participation skewed heavily toward student affairs personnel, students, and individuals with connections to the Higher Education and Student Affairs degree program (i.e., current students and alumni). This relatively homogeneous group made intentional efforts to reach beyond their immediate functional areas when recruiting facilitators and participants. We were somewhat successful, based on the social-network analysis reported earlier.

Startup funding for the dialogues came in the form of a Fund for Positive Engagement grant from Campus Compact, awarded in August 2020. Only current members of Campus Compact were eligible to apply. After receiving notification of the award, the co-principal investigators learned that, due to financial exigencies, many administrative units within OSU had recently discontinued institutional memberships in various professional organizations, including Campus Compact. Thus, the first task upon award notification was to identify funding to renew this commitment. CCT core team members are grateful to Dr. Jason Kirksey, vice president for institutional diversity, for covering this expense, without which there would have been no Cowboys Coming Together in its current form. The Division of Institutional Diversity has continued to fund the initiative. In summer 2020, a donor established an endowed fund to provide this support in perpetuity.

Upon hearing about the initiative at a meeting of OSU's University Network for Community Engagement, several college deans offered to underwrite the cost of the dialogues for 1 year. The core team chose to politely refuse one-time funding in lieu of maintaining a long-term relationship with Campus Compact. Several months later, when the dialogues were announced, Dr. Thomas Coon, vice president and dean of the Division of Agricultural Sciences and Natural Resources (including the Oklahoma Cooperative Extension Service) forwarded the announcement through the all-division listserv, including a note of his enthusiastic support for the initiative and encouraging all in the division to participate per their interest.

This strong show of support and encouragement from senior administrators secured the success of the first round of CCT dialogues. Core team members built on this success by inviting participants from Year 1 onto the core team as well as recruiting facilitators from among the first-year participants.

### ***Challenges to Expanding Dialogue to Change***

Organizers chose the dialogue to change model specifically because it was designed to facilitate a process whereby 12 to 15 people come together to create a shared understanding of a particular issue, decide upon options for action to address a root cause of the problem, and ultimately work together to enact change. The core team has, at the time of this writing, hosted three rounds of dialogues, but we have yet to witness the completion of an action item recommended by one of the groups.

More than two times as many participants engaged in Cowboys Coming Together in the first dialogue cycle as compared to the subsequent two cycles, declining from nearly 80 participants in 2018 to 30 in 2019 and 28 in 2020. Anecdotal exchanges between core team members and prospective participants during recruitment efforts in 2019 revealed some instructive patterns. Conversations about possible participation in CCT seemed more often to occur in same-race small groups than in mixed-race dyads or groups. For instance, when Black core team members staffed the information table in the student union, other Black people approached the table more readily than did Whites or their counterparts of other racial/ethnic

identification. Even when a limited CCT marketing campaign did reach them, many indicated disinterest in engaging in more talk about race and what could or should be done about it within the OSU campus-as-community.

Black students in particular described experiences regarded by scholars as symptoms of *racial battle fatigue*, “the physiological, psychological, and behavioral strain exacted upon racially marginalized and stigmatized groups” (Smith et al., 2011, pp. 66–67).<sup>13</sup> To use a colloquialism, some students, staff, and faculty at OSU, by 2019, sympathized with voting rights activist Fannie Lou Hamer’s comments at the 1964 Democratic National Convention: “All my life I’ve been sick and tired. Now I’m sick and tired of being sick and tired” (as cited by Browne-Marshall, 2007, p. 131).

The ad hoc nature of the dialogues has undoubtedly limited the reach and effectiveness of Cowboys Coming Together, particularly in relation to implementing action ideas following the dialogue portion of the series. Only one action group has made appreciable progress in its efforts to add the CCT dialogue to the list of professional development opportunities recognized by OSU Human Resources to satisfy requirements for a staff leadership training program. Even this work stalled when the team leader left OSU. The one idea generated through the third dialogue cycle, held in spring 2020, seems likely to succeed. Two people have been working to develop a podcast series exploring diverse perspectives on current events. Coincidentally, OSU’s student newspaper has recently expressed interest in developing its own podcast; dialogue organizers will facilitate connecting the newspaper initiative to the dialogue for change participants for collaboration. The potential for success in this possible collaboration is instructive in the similarities and differences between it and other action ideas that did not come to fruition. Groups that did not make progress usually started with equal enthusiasm and creativity, and their ideas were also directly related to some aspect of the problem as they had come to understand it through dialogue. However, these other groups were not able to gain immediate access to individuals with the resources, social capital, or authority to help effect the desired change.

Human and fiscal resources to sustain the campus dialogue initiative have been somewhat limited after the initial Campus Compact grant in Year 1. We employ food—that is, coming together for meals—as a tool to support dialogue, making the cost of small meals or snacks the primary cost of the program; the planning team gratefully acknowledges financial support from the Division of Institutional Diversity for this primary cost and for travel for conference presentations about the program.

Another very important consideration for replicating the approach to addressing racial equity described here is how and by whom the work will be done. Dedicated staff time is the most challenging aspect of sustaining this effort. The lead organizer is a (tenured) faculty member whose scholarship includes a focus on deliberative democracy as an aspect of campus civic engagement; she lists her involvement with CCT as internal service to the university. Conference presentations and refereed publications such as this one are required to make this time *count* in the university’s tenure and promotion process.<sup>14</sup> Other team members volunteer

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<sup>13</sup> See also Fasching-Varner et al. (2015), and Sue et al. (2007).

<sup>14</sup> We underscore this point about alignment between the activities associated with CCT and expectations for faculty appraisal to acknowledge the expansive literature on aligning community-engaged scholarship with the traditional faculty roles of teaching, research, and service (O’Meara, 2010; O’Meara et al., 2008; Sandmann et al., 2008). The fact that the faculty who have thus far been involved in the initiative have all already earned tenure is also

time beyond their primary roles/functions within the university community (i.e., their job responsibilities). As a result, the bulk of the work to actualize planning for the dialogues has fallen on a very small number of people. Most dialogue group members have also participated on their own time. The CCT program relies on the personal commitments of individual team members to power the initiative in the sense that there is no formal requirement or recognition for participation on the part of organizers or dialogue group members.

In fall 2020, CCT—renamed OKState Dialogues4Change (D4C)—will partner with leaders of an equity initiative within the College of Education and Human Sciences (CEHS) to offer dialogue circles for members of the CEHS community focused on addressing systemic inequities in the college. Organizers anticipate more effective change to emerge from this dialogue cycle because of the early involvement of the dean and senior administrators in D4C planning. An associate dean has been charged with overseeing activities of the initiative, and the senior leadership team announced its commitment to make change prior to entering into the collaboration with D4C. Future research should explore the ways this formal commitment supports or hinders the change component of the dialogue model.

### **Parameters of the Study**

Following the tradition of qualitative inquiry, we set parameters for the study by addressing the positionality of the research team members. Considering the mixed-methods design employed in the study described here, we see relevance in addressing positionality in three domains: designing the dialogue experience; designing and implementing the research protocol and the research protocol; and interpreting the data.

Mike introduced the dialogue to change model to OSU/Cowboys Coming Together based on his previous experience with this approach in a community setting at another university. Tami came to this collaboration focused on exploring the connection between democratic practice, student development, and the purpose/impact of college on students as emerging civic actors. Two faculty colleagues joined this small team, contributing their expertise in educational psychology and program evaluation, respectively.

The research team that designed the study and collected and interpreted the data included a collection of individuals who differ along a number of demographic categories, including campus status, education level and experience, academic specialization and primary methodological approach, and length and depth of relationship with the institution. Seven members of the team identify as White, two as Black, and one as Asian/Pacific Islander. Two tenured and two not-yet-tenured faculty members and six doctoral students represent four fields of study. Two researchers hold degrees in history, one is trained as a sociologist, a second draws on social psychology, and a third grounds her work in qualitative methodologies. Three students currently work as university administrators in academic ( $n = 1$ ) and student ( $n = 2$ ) affairs; one of the faculty members previously served as a student affairs administrator on five different university campuses. One student researcher has an educational and professional background in

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significant; non-tenured assistant professors did contribute to the research effort in the first year of CCT, but their ongoing involvement with the organizing work for the dialogue series has been episodic. More senior faculty support their junior colleagues and advanced graduate students in establishing lines of inquiry that might include dialogue and/or other community-engaged work by inviting them into existing initiatives rather than expecting that early-career professionals bear the brunt of the extra time/work necessary to start up an initiative such as Cowboys Coming Together.

student affairs, particularly with student organizations and civic engagement at multiple institutions. His educational background and professional experience informed the interpretation of the social network analysis and provided depth of understanding related to the nuances of the relationships among campus organizations, fraternity and sorority life, and student government.

Of the six doctoral students pursuing terminal degrees, two also hold Master of Science degrees from OSU. Tami earned her first two degrees from the institution, and she is the daughter of a spring 1957 graduate of Oklahoma A&M College; OAMC became Oklahoma State University in fall 1957. While she rejects “Cowboy Family”—a common term used on campus to describe all associated with OSU—as an identity group, her own family did speak of *bleeding orange*. She participated in her first efforts to change campus culture during protests following a 1990 decision by the OSU A&M Board of Regents limiting free speech on the Stillwater campus by canceling the showing of a movie, a decision she and other members of the Committee for the First Amendment considered to be based upon on the film’s perceived violation of Christian norms and traditions. Her involvement in *Cowboys Coming Together*, and this research, aligns closely with a deep and long-standing commitment to challenging and supporting students and others to develop civic skills. She extends challenge and support also to her alma mater, calling for and contributing to the institutional efforts to do and to be better vis-à-vis issues of free speech, campus climate, and addressing systemic inequities. In this way, she reflects the stated opinions of many members of the planning team and participants in the dialogues: CCT—the initiative itself and the individual organizers and planners—leans heavily into the space of change and, at the same time, holds itself in dynamic tension with the challenges that have lessened our ability to effect that change as quickly or as thoroughly as any one individual may hope.

### **Delimitations and Limitations**

*Cowboys Coming Together* was originally a program responding to an immediate community need. As the program developed, the scope changed to intentionally include faculty and staff. Therefore, many of the survey methods used were designed to capture the original scope. Faculty and staff were not surveyed intentionally; instead, they were included among general participants.

Additionally, campus programming always requires adaptive measures to adjust for participant interest and attrition. Ideally, the social network survey would include a list of participants for each person to identify with whom they were familiar prior to the start of CCT. Participants would also be able to indicate their networks before and after the dialogue program. However, due to assignments happening very close to the start of the program, there was no social network survey administered prior to CCT. It was also not possible to produce a list of participants for individuals to select as part of their individual networks.

Due to the quick recruitment of participants at the beginning of the semester, the first cohort likely did not reflect the diversity of experiences at OSU. The recruitment process was conducted using actively engaged campus organizations which yielded participants who were also engaged. Particularly, ideological differences were not represented among the participants; that is, politically conservative individuals were largely not represented.

Finally, when measuring self-efficacy, the researchers found that participants were highly trusting and had high self-efficacy in participating in political and non-political engagement. These participants were likely more amenable to having conversations across differences.

Therefore, it is difficult to measure whether, or the extent to which, participation in CCT changed those attitudes due to a recruitment ceiling effect.

### **Future Directions for Moving Dialogue to Change in Campus-as-Community Settings**

Using social network analysis techniques, researchers have described CCT participants as individuals who not only trust others, but also have faith in their own ability to express themselves in conversations exploring diverse opinions on contentious subjects. No one reporting conservative political beliefs participated in the dialogues, and most individuals were already active in one or more organizations on campus. As a group, the participants did not represent the diversity of the OSU main campus-as-community. They likely did have something in common with people who are drawn to dialogue-based approaches to community problem solving in general; and OSU as a whole is typical of a large campus in a college town. Accordingly, the previous discussion offers reflection points for scholars and practitioners seeking to advance deliberative dialogues in the campus-as-community.

### **In Dialogue with Deliberative Democracy**

The success of this dialogue to change program offers an opportunity to learn and develop more intentional dialogue programs in the future. Overwhelmingly, participants viewed their participation in CCT as a positive experience. Additionally, their participation increased their understanding of others' attitudes and beliefs, and their ability to communicate with people who hold beliefs different from their own. Therefore, future dialogue programs can and should build on these strengths

A relatively large number ( $n = 42$ ) of campus organizations were represented in the first round of CCT. The most prominent groups focused on student governance, fraternity and sorority life (especially historically Black fraternities and sororities), and campus organizations centering on racial/ethnic solidarity and justice issues. However, most CCT participants responded to the invitation to join the dialogues based on an individual decision they had already made to prioritize addressing racial issues on campus. While the dialogue to change process could engage greater viewpoints, the social network analysis revealed that racial/ethnic identity groups were connected within similar identities (e.g., NPHC fraternities and sororities), and cross-group connections were not present. CCT still has the opportunity to bridge the differences between and among the underrepresented identity groups on campus. This can occur by piloting affinity groups, which often focus on bringing together individuals of a particular identity to discuss a topic before coming together in a larger group. However, the network suggests there may be natural affinity groups based on membership in campus organizations. The Student Government Association could have an affinity group in this network, as could NPHC.

There were other areas of the campus-as-community from which CCT did not capture a diverse pool of participants. Students who were not already engaged on campus made up less than half of the participants in CCT. Additionally, most students who did engage were largely trusting and engaged civically prior to the program. Preparing for future CCT dialogues, it will be necessary to recruit participants who are unengaged in order to continue creating new social networks. Furthermore, recruiting students who are less trusting is important because this type of dialogue program can foster increased trust and confidence. In addition, political ideology was largely moderate to liberal, with only one participant identifying as conservative. Given the politicized nature of racial issues in the United States, a diversity of political ideologies is critical.



The unexpectedly strong participation by administrative staff members in CCT 1.0 and 2.0 suggests an opportunity to think more deeply about the role that professional staff play in the campus-as-community, particularly regarding organizational culture change and student success goals. Many of the staff had connections to multicultural groups and could therefore serve as effective bridges, connecting other students to resources. Because the participation of faculty and staff was unexpected, their experience was not surveyed differently than that of student participants. Therefore, there is an opportunity to study the faculty and staff networks as well as their ideological and attitudinal changes through programs such as CCT.

Finally, CCT can build on the strengths of the organizations represented. The SGA is the most central organization in the larger network, connecting the remaining most central organizations. Other central organizations, such as Alpha Phi Alpha and the National Pan-Hellenic Council, bridge organizations and should be included in the development of future CCT programming. Previous research and our experience with CCT at OSU have shown that dialogue programs hold promise in changing individuals' understanding and attitudes about race and racial equity. However, there were many significant takeaways regarding the process and the evaluation that we used, and we will use that information to improve future iterations of the CCT program.

### ***Recommendations***

Because CCT was responding to an immediate need on campus, complete pre-dialogue data were not collected to compare to the post-dialogue results. In particular, understanding the network characteristics of both individuals and organizations before and after the dialogue would offer a better understanding of how the dialogues shape connections between individuals and groups.

The dialogue to change program does not occur in isolation. Therefore, incorporating a longitudinal component to examine the impact of participation in CCT on participants—and change in the campus-as-community—over time would be beneficial. In particular, understanding how participants utilize newly formed networks following the dialogues would help guide the development of future dialogue guides.

Finally, if future dialogue cycles recruit more participants who are hard to reach on campus and are not active or engaged in their community, these participants can be compared with more active participants. Understanding the scope of CCT to foster new behaviors of civic and/or political and non-political engagement (Jacoby, 2009; Saltmarsh & Zlotkowski, 2011), as well as campus leadership, would lend greater clarity to the additional outcomes of the dialogue program.

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## Appendix A

### Phase 2 Post-Dialogue Survey for Participants

#### Participant Questionnaire: Instructions for Administering

##### Talking points for facilitators

Facilitators should be encouraged to use the following talking points as they introduce the questionnaire to participants:

- The program organizers are using the questionnaire to measure whether the Cowboys Coming Together (CCT) program met some of its goals, and to figure out how to improve the quality and effectiveness of future CCT programs.
- Participation in the survey is voluntary. No one has to fill it out, but we hope that everyone will.
- All responses will be confidential. We are not asking people to sign their names to the questionnaires.
- One of the most important goals of a deliberative dialogue program is to bring together a diverse group of participants. This is why the questionnaire asks a few personal questions about age, income, education, racial and ethnic background, etc.
- Please be frank. We want to hear everyone's opinion and we want to know how participants really feel about their CCT experience — not how they think we want them to feel.
- If possible, please fill out the additional comments section at the end of the survey. If there is a question you wish we asked, but didn't, tell us what you think anyway!

## Appendix B

### Social Network Survey for Participants

What is your CWID (CollegeWide ID Number)? \_\_\_\_\_

In what year do you anticipate that you will graduate? \_\_\_\_\_

What is your gender?

- Female
- Male
- Other: \_\_\_\_\_

What are your preferred pronouns? \_\_\_\_\_

Do you live in on-campus housing?

- Yes, I live in an on-campus residence hall
- No, I live off-campus in Stillwater
- No, I live off-campus in a community other than Stillwater

In what capacity will you be taking part in the Cowboys Coming Together program?

- As a dialogue circle participant
- As a dialogue circle facilitator

**1. Overall, how much impact do you think PEOPLE LIKE YOU can have in making your community a better place to live?**

- No impact at all
- A small impact
- A moderate impact
- A big impact

**2. Are you currently registered to vote?**

- Yes, in Stillwater
- Yes, somewhere other than Stillwater
- No
- I am not eligible to vote
- I am unsure

**3. The discussion guide stimulated meaningful discussion.**

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

**4. How many times in the last twelve (12) months have you volunteered?**

(By volunteering, we mean any unpaid work you've done to help people besides your family and friends or people with whom you work.)



**5. Which of the following have you done in the past twelve (12) months?**

Please note that “political” and “social” issues here refer to matters both on and off OSU campuses.

Please select all that apply.

- Voted in a city, state or national election (in Stillwater or somewhere else)
- Participated in a public demonstration about a political or social issue
- Attended a public meeting where there was a discussion of political or social issue(s)
- Signed a petition (either on-line or in person) about a political or social issue
- Contacted an elected official to express your opinion about a political or social issue
- Contacted a media organization to express your opinion about a political or social issue
- Talked with friends (either online or in person) about a political or social issue
- Tried to persuade a friend to change their opinion related to a political or social issue (including support for an elected official)

**6. How many campus groups or student organizations have you been a member of or regularly attended events for since enrolling at Oklahoma State University?**

**7. How many campus groups or student organizations are you currently involved with?**

Please list the names of the campus groups and/or student organizations you are currently actively involved with.

Group/Org 1: \_\_\_\_\_

Group/Org 2: \_\_\_\_\_

Group/Org 3: \_\_\_\_\_

Group/Org 4: \_\_\_\_\_

Group/Org 5: \_\_\_\_\_

Are there other groups and/or organizations you are actively involved with that you would like to list here?

*[If/then logic in Qualtrics allows those who answer “no” to continue to next item.]*

Group/Org 6: \_\_\_\_\_

Group/Org 7: \_\_\_\_\_

Group/Org 8: \_\_\_\_\_

Group/Org 9: \_\_\_\_\_

Group/Org 10: \_\_\_\_\_

**8. Are you currently serving in a leadership role for a campus group and/or student organization?**

(For example, leadership roles include president/chair, vice-president/vice-chair, secretary, treasurer, program coordinator, etc.)

Yes

No

**9. In general, do you think that most people can be trusted or that you can't be too careful when dealing with people?**

Most people can be trusted

You can't be too careful when dealing with people

**10. Generally, do you feel like you have enough time to be involved in volunteer work or community service?**

Yes

No

**11. Are you currently employed?**

Yes, full time (40 hours per week or more)

Yes, part time (20-40 hours per week)

Yes, part time (less than 20 hours per week)

No

**12. How much has your experience at Oklahoma State University contributed to your knowledge, skills, and personal development in contributing to the welfare of your community?**

Not at all

Somewhat

Neutral

Moderately

A great deal

**13. Thinking politically and socially, how would you describe your own general outlook?**

Extremely liberal

Liberal

COWBOYS COMING TOGETHER

- Slightly liberal
- Moderate/Middle of the road
- Slightly conservative
- Conservative
- Extremely conservative

**11. Do you agree or disagree with the following statements? (Please circle one number for each item.)**

	Disagree Strongly	Disagree	Agree	Agree Strongly
(a) We always started and finished on time	[1]	[2]	[3]	[4]
(b) The facilitator(s) helped the group set the ground rules and stick to them	[1]	[2]	[3]	[4]
(c) The facilitator(s) made us all feel welcome	[1]	[2]	[3]	[4]
(d) The facilitator(s) didn't take sides	[1]	[2]	[3]	[4]
(e) The facilitator(s) helped us talk about different points of view	[1]	[2]	[3]	[4]
(f) The facilitator(s) made sure everyone took part	[1]	[2]	[3]	[4]
(g) The facilitator(s) helped the group work out disagreements	[1]	[2]	[3]	[4]

COWBOYS COMING TOGETHER

- (h) The facilitator(s) helped us come up with our own ideas for action and change [1] [2] [3] [4]
- (i) The facilitator(s) explained how our circle fit into the bigger community effort [1] [2] [3] [4]

**OVERALL EVALUATION**

**12. The length of each meeting was...**

- Too Long  Too Short  Just Right

**13. The number of meetings was...**

- Too Many  Too Few  Just Right

**14. The number of people in my group was...**

- Too Many  Too Few  Just Right

**15. Overall, I would rate the Cowboys Coming Together program as...**

- Very Good  Neutral  Poor  
 Good  Very Poor

**PERSONAL INFORMATION**

**16. Your Ethnic, Racial, Cultural Background:** \_\_\_\_\_

**17. Which of the following best describes your position at OSU?**

- Undergraduate student  Staff  
 Graduate student  Other \_\_\_\_\_  
 Faculty

**18. Age:** \_\_\_\_\_

**19. Gender:**

- Female  Male

**20. How would you describe your political views?**

- Very Conservative  Liberal  
 Conservative  Very Liberal

- Moderate  Don't know/haven't thought much about it

**21. Describe what you liked most about the program.**

**22. Describe what you liked least about the program.**

### Appendix C

#### Post-Dialogue Survey for Facilitators

*To be administrated to facilitators when the circle has ended.* Thank you for filling out this form.

When did your group meet? \_\_\_\_\_ day \_\_\_\_\_ time

How many times did your group meet? \_\_\_\_\_

Facilitator name(s) \_\_\_\_\_

#### How Did Your Dialogue Go?

**1. Generally speaking, how satisfied have you been with your experience as a facilitator?**

- very satisfied  
 somewhat satisfied  
 not at all satisfied

Why? \_\_\_\_\_

**2. What was your most challenging experience as a facilitator? Please provide an example:**

**3. If you co-facilitated a circle, how well did you and your partner work together?**

**4. In all, how many people participated in your group? (Count everyone who attended at least one session.)** \_\_\_\_\_

**5. How do you think your group felt about this experience?**

- very satisfied  
 somewhat satisfied  
 not at all satisfied

**6. Did you have adequate support from the program organizers, or not?**

Please explain:

What additional support would have been helpful?

**7. If you were to facilitate another dialogue, what would you change?**

**8. What difference has facilitating this dialogue made to you, personally?**

**9. Are you interested in facilitating again?**

**10. What difference do you see this program making in the community?**

**11. Other impressions, concerns, and comments:**

### Appendix D

### Focus Group Interview Protocol

- Why did you choose to volunteer as a facilitator?
- Tell us what it was like to facilitate in a dialogue discussion.
  - What role did you play?
  - What was that like? Best part? Most challenging? Most surprising?
- What did you learn through the process of participating in this dialogue?
- How aware of [DIALOGUE TOPIC] were you before participating in the dialogue process?
- Tell us about something you learned about [DIALOGUE TOPIC] by participating in the dialogues.
- Now that you know more about this topic, what is your perception about the role that [DIALOGUE TOPIC] plays in the present-day learning environment of OSU?
- After completing the dialogue process, what skills or resources do you feel you need in order to help promote change on campus?
- What's one action you plan to take based on your participation?
- Who/what groups on campus weren't at the table that should have been, or could have made the focus groups more representative or more well rounded? How do you think their presence would have contributed to the dialogue?
- How effective do you think these democratic processes will be in addressing [DIALOGUE TOPIC] on OSU's campus?
- Each dialogue group had a diverse group of people – different races and ethnicities, different genders, roles on campus, sexual orientation, class background. How did this opportunity to learn about the experiences and perspectives of people who are different than you influence your experience of the dialogue process?
- People who participate in dialogue processes like these often report that what they learn leads them to make changes in their everyday life. Describe one way in which you anticipate that you may interact with others in the OSU community differently as a result of participating in Cowboys Coming Together.

## Authors



Mike Stout is the George Kaiser Family Foundation Endowed Chair in Family and Community Policy at Oklahoma State University-Tulsa. His research focuses on the ways social and economic inequities restrict access to valuable resources and opportunities in communities. His research is primarily community-based, and he works collaboratively to develop and implement equitable participatory processes for understanding and addressing complex public issues. Dr. Stout is director of the Community Impact Core at the Center for Integrative Research on Childhood Adversity (CIRCA). CIRCA is an interdisciplinary research initiative, funded by the National Institutes of Health, focused on the mechanisms involved in the effects of childhood adversity on health and development, and on the development of more effective and sustainable prevention and intervention strategies to interrupt the cycle of generational trauma and toxic stress. The Community Impact Core supports CIRCA investigators' translational research needs, and facilitates the creation of a statewide network of cross-sector partners focused on building resilient communities through evidence-informed policy and best practices in trauma-informed programming. As co-director of the Center for Public Life at OSU-Tulsa (CPL), Dr. Stout uses public deliberation and participatory research to engage communities in identifying and addressing important public issues.

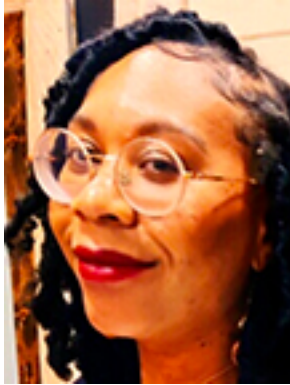


Tami L. Moore, Ph.D., Co-Director of the Center for Public Life at OSU-Tulsa, and Associate Professor of Higher Education and Student Affairs, Oklahoma State University



Patrick Grayshaw, Research Associate, Center for Public Life at OSU-Tulsa, and Ph.D. Student, Department of Human Development and Family Science, Oklahoma State University, Tulsa, OK

COWBOYS COMING TOGETHER



Autumn Brown, Ph.D. Candidate, Social Foundations Program, School of Educational Foundations, Leadership, and Aviation, Oklahoma State University, Stillwater, OK



Nadia Hall, Ph.D. Student, Higher Education and Student Affairs Program, School of Educational Foundations, Leadership, and Aviation, Oklahoma State University, Stillwater, OK



C. Daniel Clark, Ph.D. Candidate, Higher Education and Student Affairs Program, School of Educational Foundations, Leadership, and Aviation, Oklahoma State University, Stillwater, OK



Jonathan Marpaung, Ph.D. Student, Higher Education and Student Affairs Program, School of Educational Foundations, Leadership, and Aviation, Oklahoma State University, Stillwater, OK



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# EJOURNAL OF PUBLIC AFFAIRS

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## **Creating Democratic Spaces for Addressing Racism on College Campuses: The Example of Dialogue to Change at Oklahoma State University**

**Martha McCoy**

Everyday Democracy (Hartford, Connecticut)

### **Author Note**

Correspondence regarding this article should be addressed to Martha McCoy, Executive Director, Everyday Democracy, 75 Charter Oak Avenue, Suite 2-300, Hartford, CT 06106. Phone: (860) 727-5910.

E-mail: [mmccoy@everyday-democracy.org](mailto:mmccoy@everyday-democracy.org)

### **Abstract**

Polarizing rhetoric, racist violence, and racial inequality continue to cast a dark shadow over U.S. democracy, threatening to further divide the nation's communities. Practitioners, scholars, and everyday people alike are giving deep consideration to how the country can move forward during this time. This article describes the dialogue-to-change approach that Everyday Democracy has developed to expand opportunities for people to grapple with racism together, across racial backgrounds, and then work with each other and public officials to create positive, equitable change at the local, state, and national levels. The article examines the research and analysis of the dialogue-to change efforts supported by the Center for Public Life at Oklahoma State University, highlighting the ways they build on and advance lessons about creating and sustaining democratic discourse on racism. While campuses-as-communities are not democracies in and of themselves, they play an essential role in U.S. democracy.

*Keywords:* deliberative dialogue, civic engagement, collective action, racism, racial inequality, democratic practices

The United States is struggling to address multiple interconnected crises. The global COVID-19 pandemic, which has taken more than 450,000 American lives to date, has laid bare glaring racial and ethnic disparities. In the early weeks of the pandemic, people around the globe witnessed the murder of George Floyd under the knee of a Minneapolis police officer—one of many terrifying incidents of violence against Black and brown people. This led to widespread multiracial and intergenerational calls for a racial reckoning that exceeded the scale and diversity of any protest in U.S. history. In the midst of all this, the racist and polarizing rhetoric surrounding the 2020 presidential election culminated in an assault on the U.S. Capitol that resulted in tragic loss of life and a new awareness of the impact of disinformation and white supremacist ideology.

How can the United States move forward in light of such division, racist violence, racial inequality, and threats to democracy? This question consumes us at Everyday Democracy, and we are certain it consumes the practitioners and scholars who read this journal. We believe that one of the most important answers to this question lies in expanding opportunities for people to grapple with racism together, across racial backgrounds, and then work with each other and public officials to create positive, equitable change at the local, state, and national levels.

Everyday Democracy is a national civic organization based in Hartford, Connecticut, dedicated to strengthening participation and problem solving through an explicit lens of racial equity.<sup>1</sup> The organization was founded 31 years ago to help create democratic spaces where people can have dialogue with each other across difference to uncover and implement solutions to public problems. From the early days of working with community leaders in every region of the United States, we began to see—and, over time, to understand deeply—that racism is a fundamental barrier to progress on all public issues. Without opportunities to understand and dismantle the racism embedded in institutions and systems, it is impossible for grassroots and institutional leaders to envision and create a more inclusive and just public life. This recognition led Everyday Democracy to adopt our dialogue-to-change approach and to apply a racial equity lens to all of our work.<sup>2</sup>

Working in this way over the past decades has also led us to reflect on and change our internal and external practices. Everyday Democracy’s staff and board are committed to learning about racism across the history of U.S. democracy and, even more importantly, to creating organizational practices and a culture that reflect values of racial equity and its intersection with other aspects of inclusion and equity (e.g., generational, gender, income, sexual orientation, and immigration status). Our longstanding and continuing internal learning lays a strong foundation for our external work with individuals and organizations across the country.

In our external partnerships with community coalitions and regional anchor institutions throughout the United States, we bring an intentional racial equity lens to our partnerships and

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<sup>1</sup> According to the Mary Reynolds Babcock Foundation, an *equity approach* “means developing targeted solutions that account for structural and historical disparities in opportunity, undue burdens and bigotry. Creating the conditions that allow everyone to prosper requires us to examine the root causes of injustices, including sexism, classism, homophobia, Islamophobia, antisemitism, ableism and all other forms of bias that threaten lives, freedom and dignity. It also demands we name racism explicitly” (<https://www.mrbf.org/blog/becoming-explicit-about-equity>). For a thorough explanation of the differences between a racial equity lens and a racial justice lens, see Sen and Villarosa (2019).

<sup>2</sup> For more on Everyday Democracy’s dialogue-to-change approach, see <https://www.everyday-democracy.org/sites/default/files/sites/default/files/ED-DialogueToChange-online.pdf>. For more on the centrality of racial equity to Everyday Democracy’s work, see McCoy (2020).

shared learning.<sup>3</sup> As the hub of a national network, Everyday Democracy creates and refines public processes and tools, while striving to model racial equity in the training and coaching we provide. This approach strengthens our ability to support community coalitions and organizations that are creating democratic spaces for addressing racism through dialogue and action.

Our ability to coach depends on learning from and with our partners. As with other areas of our work, we bring an intentional racial equity lens to our evaluation and research. We invest in ongoing evaluation and research in an effort to understand the conditions under which different kinds of organizing, dialogue, and collective action can lead to measurable, equitable change around public issues. Whenever possible, we partner with external evaluators and researchers to enhance collective learning. We listen to participants, facilitators, and organizers as they describe the kinds of changes that emerge from their dialogue-to-change efforts, the changes that are most meaningful to them, and the barriers to change that they encounter. We have worked with many partners to document the impact of people meeting in racially diverse groups to hear each other's experiences and views; to grapple with the meaning, history, and impact of structural racism; and to work together to create meaningful changes—in their individual and family lives, in their schools and workplaces, and in public decisions and practices.

The Center for Public Life at Oklahoma State University (OSU) became one of our anchor partners in 2019. The center has been creating democratic spaces for dialogue to change on the university's campuses and in surrounding communities since 2017. We applaud the three years of dialogue to change organized by Cowboys Coming Together and its ongoing work (since fall 2020) as OSU's Dialogues4Change. Further, their commitment to cross-disciplinary research carried out by an intergenerational, interdisciplinary research team is an exemplary model of applying scholarship to civic practice. This article documents that the research and analysis of OSU's dialogue-to-change efforts on the Stillwater campus contribute significantly to knowledge about deliberative dialogue for the purpose of meaningful change around issues of racism.

### **Implications of Cowboys Coming Together Research for Dialogue-to-Change Practice, Evaluation, and Research**

The efforts of OSU researchers and organizers on the Stillwater campus are noteworthy for the ways in which they build on and advance lessons about creating and sustaining democratic discourse on racism.

### **The Desire to Be Part of Meaningful Community Change Is One of the Most Powerful Incentives for Participating in Civic Dialogue**

Evaluations of efforts to advance meaningful deliberative dialogue on racism over the past two decades have demonstrated the importance of this incentive, especially for those who are not typically included in civic processes in meaningful ways. Explicitly connecting dialogue to processes for collective action and change makes the invitation to participate more compelling for a larger and more diverse cross-section of the community. In particular, people of color—

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<sup>3</sup> The Center for Public Life at Oklahoma State University is one of Everyday Democracy's anchor partners. These partners serve as regional hubs for coaching and training on dialogue-to-change processes through a lens of racial equity and are committed to exchanging lessons and practices with Everyday Democracy and other anchor partners. For a more detailed explanation of Everyday Democracy's anchor partnership efforts, especially with land-grant institutions, see McCoy and Heierbacher (2019).

who are disproportionately affected by racism—are even more likely than others to express the need to see a clear pathway from dialogue to change before they commit their time and energies. This is also true of White people who have gained an understanding of the impact of racism.

The OSU research (Moore et al., 2021) affirmed this in the context of the Stillwater campus, where students were frustrated with the administration's responses to incidents of hate speech. Students from many backgrounds who understood the impact of the incidents and of the administration's response on people of color, specifically, and on campus climate were the first to understand the need for change. They began (and are continuing) their project with a passion to create an inclusive, equitable campus climate that addresses racism in democratic ways. Growing numbers of campuses are facing similar challenges; in response, they too are looking for ways to increase the understanding of racism across their campus communities and to support policies and practices that will lead to meaningful changes. As Dialogues4Change continues to expand and sustain its efforts, the explicit link from dialogue to change will continue to be essential to the program's effectiveness.

### **The Simple Act of Being Asked to Participate—Especially by Someone You Know and Trust—Is a Powerful Incentive to Participate**

Recruiting people who do not already see the importance of an issue is difficult, but it is achievable. Moreover, bringing new, diverse voices into the work expands the range of the kinds of changes that are likely to come from the process. As in *Cowboys Coming Together*, it is common for the earliest participants in a dialogue-to-change process to feel the greatest urgency to address the issue. Moore et al. (2021) affirmed this but also showed, through network analysis, that there was greater diversity in *Cowboys Coming Together* than is typical of similar campus efforts. Their research also offers clues about what will be required to reach the next level of inclusion and diversity in recruitment. For example, the program leaders are learning the value of multi-racial recruiting teams and the importance of person-to-person invitations. In the next rounds of dialogue to change, Dialogues4Change will seek creative ways to bring into the process new participants who might not immediately gravitate toward participation. Involving them will greatly increase the impact of the dialogue-to-change process on campus climate and will advance new participants' motivations and skills, encouraging them to participate in other forms of civic action.

### **Changes in Individuals and Relationships Are the Earliest Impacts of Dialogue to Change on Racism**

The immediate and short-term impacts of participating in diverse dialogue on racism are increased learning and understanding about the issue itself, combined with the formation of interracial relationships characterized by honesty, trust, respect, and commitment to justice. As they studied individual-level change, Moore et al. (2021) noted that 93% of respondents in *Cowboys Coming Together* reported that participation had increased their understanding of others' attitudes and beliefs, while 90% reported that their participation had increased their ability to communicate more effectively with people who have beliefs different from their own.

Creating intentional, structured opportunities for these kinds of changes is critical since the majority of college students, faculty, staff, and administrators have had few opportunities to engage in any form of diverse conversation or learning about racism, either on or off campus. This is true, of course, across society as a whole, but college campuses are frequent flashpoints

for broader polarization around issues of race and provide unique opportunities for diverse conversations in the midst of complex, painful, and conflictual challenges on college campuses.

### **Individual-Level Change Is Foundational, but It Is Not Sufficient for Achieving Either the Scale or the Kinds of Changes People Want to Be Part of**

As important as individual-level change is, racism cannot be solved individually. Structural racism is a “wicked problem”—that is, it is multidimensional and multi-layered—and thus not amenable to one-dimensional fixes. Finding ways to link individual and relational changes to systemic change for racial justice is a complex, difficult, and essential challenge. Moore et al. (2021) documented some of the challenges of moving from individual and small group-level change to larger changes in policies, practices, and culture.

Evaluations of dialogue-to-change efforts in communities over the past 25 years have uncovered patterns in these challenges and have offered lessons for making and strengthening the link between participation and systemic change (Roberts & Kay, 2000; Vaughn, 2018). In the context of cities, towns, and counties, Everyday Democracy has found that meeting this challenge requires institutional buy-in (especially from the public sector), cross-sector and grassroots organizing, and a willingness to analyze and share power. It requires a commitment from institutional leaders to transparency and accountability, and to making extra efforts to listen deeply to those most affected by racism.<sup>4</sup> Finding ways to link the dialogue to collective action and institutional change represents the next level of work for OSU’s dialogue-to-change efforts. Many promising linkages are already underway, as documented in Moore et al.’s (2021) article in this journal issue.

Moore et al.’s (2021) description of the chain of connection–awareness–action expresses this linkage well. Lately, we at Everyday Democracy have added an element to this chain: connection–awareness–*will*–action. As awareness and connection grow, so does the urgency to take action to combat racism. Connection with others creates the empathy and sense of solidarity that are the bases of deeper awareness and the will to create change for the common good. (The passion for change and the will to create it are at the root of people’s persistence in their efforts for justice, even in the face of grave danger, as the late Congressman John Lewis often reminded us.)

From the earliest stages of organizing, one of the best ways to sustain this chain is to help individuals experience and understand their own voice and participation as part of the larger movement toward change. For example, with each new round of dialogue to change, new people are brought into the process, lending their voices and participation to the dialogue and to ongoing change efforts. Over time, as people outside the process see a meaningful impact on community climate, organizers are able to make an even stronger case to those who may have hesitated to participate in the early stages. We have found that clear communication of impact and helping people tell their own stories of change in their own voices are keys to sustaining action and contributing to measurable change. As the dialogue-to-change process unfolds on OSU’s Stillwater campus, and the organizers and researchers continue their efforts to advance practice and learning, they will support ongoing learning, transparency, and progress—not only on the

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<sup>4</sup> Regarding the relationship among deliberation, power, and accountability, see Fung (2005). For an example of community-based dialogue to change through a lens of racial equity that incorporates shared governance and public accountability, see Fung (2015).

Stillwater and other OSU campuses, but for the benefit of other campus communities embarking on similar efforts.

### **Conclusion**

It is important to remember the kind of incidents that catalyzed the creation of Cowboys Coming Together, since episodes of hate speech are becoming more prevalent on college campuses. At a time of deep polarization, increased white supremacist activity, and growing calls for racial justice, campuses frequently find themselves at the center of controversies over free speech, disinformation, hate speech, and “cancel culture.” While campuses-as-communities are not democracies in and of themselves, they play an essential role in democracy. Land-grant universities such as OSU are finding ways to carry out their public mission by implementing and modeling the kind of democratic spaces the country urgently needs. That they have continued this amid a global pandemic is an additional inspiring act of civic leadership. During truly unprecedented times, members of the campus community are practicing the kind of democratic discourse on racism that can lead to meaningful change.

We at Everyday Democracy look forward to continuing to learn from and with our anchor partner at Oklahoma State University and with other college campuses that are committed to learning from and doing this essential work of strengthening equitable, participatory democracy.

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**Author**



Martha McCoy, executive director of Everyday Democracy, has made important contributions to the fields of deliberative democracy, community problem solving, and racial justice. McCoy began at Everyday Democracy in 1991, becoming its director in 1995. Under McCoy's leadership, Everyday Democracy has become respected as a national organization that excels in helping local communities build their own capacity to organize large-scale, diverse dialogue for problem solving. Under her direction, Everyday Democracy is at the leading edge of connecting public dialogue to collective action and democratic governance, and of keeping race and inclusion at the forefront of practices to strengthen democracy. McCoy's academic background is in political science, with her master's degree and doctoral work (A.B.D., University of Connecticut) in the fields of political theory and methods, international relations, and comparative politics.

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## **A Response to Moore et al.'s "Cowboys Coming Together: Campus-Based Dialogues on Race and Racial Equity"**

**Elizabeth Gish**  
The Kettering Foundation

### **Author Note**

Elizabeth Gish, The Kettering Foundation.

Correspondence concerning this article should be addressed to Elizabeth Gish, Program Officer, The Kettering Foundation, 200 Commons Road, Dayton, OH 45459.  
Email: [egish@kettering.org](mailto:egish@kettering.org)

I am pleased to have the opportunity to read and engage with Moore et al.'s study of the deliberative process taking place at Oklahoma State University. The authors provide a range of valuable points for scholar-practitioners to learn from and reflect on. The article does an excellent job of demonstrating how fostering and studying deliberative practices is labor-intensive and requires creative alliances between and among administration, faculty, staff, and students. At a time when higher education faces several crises (Blumenstyk, 2014; Murakami, 2020), the study raises important questions about how to develop models for deliberative work in higher education that are beneficial and sustainable. Toward this end, I briefly explore two concepts that might be helpful as scholar-practitioners in higher education seek to strengthen deliberative capacity on their campuses and better fulfill the public mission of colleges and universities.

### **Deliberation as a Way of Acting**

One approach that might be helpful is to rethink the understanding of deliberation as a practice that precedes action, and instead reframe it as an action in and of itself. Early in their article, Moore et al. argue that "what is missing from the deliberative approach, as it has typically been employed as a civic engagement tool, is a specific push to act toward change based on new shared understandings." Later, in the section titled "Challenges to Expanding Dialogue to Change," they follow up on this, noting that "the core team has . . . hosted three rounds of dialogues, but we have yet to witness the completion of an action item recommended by one of the groups." The desire for clear measurable projects to emerge from the deliberations is understandable. Yet, I suggest that even though this did not happen, it may still be that the deliberations were quite successful, and the distinction between deliberation and action toward change may not be as stark as the authors conceive it to be.

The work of French sociologist Pierre Bourdieu can be useful in considering how scholar-practitioners understand deliberation as action. Bourdieu developed two ideas that can be helpful on this point. The first is the concept of *habitus*, which he characterized as "systems of durable, transposable dispositions, structured structures predisposed to function as structuring structures" embodied as "principles which generate and organize practices and representations" (Bourdieu, 1990, p. 53). He argued that the things individuals do (i.e., practices) structure the *habitus*—in essence, they shape and structure who we are. In this light, we can understand deliberation not as a process that precedes action, but as an action in and of itself that shapes the *habitus*—the structures that structure who we are and how we operate in the world.

Secondly, Bourdieu wrote about the ways that humans get a "feel for the game" in their social interactions (Bourdieu, 1977, pp. 10–13; Bourdieu, 1990, pp. 27, 66–68, 82, 103). Consider, for instance, an actual game such as basketball. Reading or thinking about the game can only take a player so far. One only learns to play well by actually playing the game, where, over time, they develop a feel for it. The work of deliberation is hardly different. Citizens and practitioners can read about deliberation and democratic practices, but ultimately the work of democracy and deliberation is a task that takes practice—getting a feel for it.

Bourdieu's concepts of *habitus* and feel for the game highlight how efforts such as Cowboys Coming Together are essential to making progress toward a more robust democratic life, and how they can be understood as important actions in and of themselves, rather than as, primarily, preparation for future actions. The act of participating in a deliberation structures the *habitus* in meaningful ways and offers citizens the experiences they need to get a feel for deliberation. Thus, while there were not any "action items" that came out of the deliberations discussed by Moore et al., I argue that the process of engaging a range of students, faculty, and

staff in a deliberative process is no less an action than the two mentioned in the article: adding the "CCT dialogue to the list of professional development opportunities recognized by OSU Human Resources" and the development of a series of podcasts. Of course, this is not meant to imply that any one action or type of action—deliberation or otherwise—is sufficient to create the changes needed, but rather that we sell deliberation short when we conceptualize it as preceding or separate from action.

### **Toward Everyday Deliberation**

In addition to Bourdieu's work, scholar-practitioners might also consider how deliberative efforts such as Cowboys Coming Together can play a role in strengthening deliberation in everyday political talk (Conover & Searing, 2005; Gastil, 2005; Lee & Mason-Imbody, 2013; Mansbridge, 1999; Mathews, 2014, pp. 79–80). As conceived in the literature, deliberation in everyday political talk refers to deliberation that takes place outside formal contexts (e.g., forums) and instead over "backyard fences, during coffee breaks, and at the grocery store" (Mathews, 2014, p. 80). Given the challenges that most higher education institutions face around identifying resources and institutional support for programing, higher education professionals might consider how deliberation that takes place in structured events, such as Cowboys Coming Together, could be understood as a catalytic effort that is not necessarily designed to result in more programing. Rather, structured deliberation can be understood as an important part of shifting everyday talk in a more deliberative direction. There is evidence that participating in face-to-face deliberation strengthens deliberative beliefs, skills, and habits, and is, as Burkhalter et al. (2002) argued, self-reinforcing. That is, the more people take part in deliberation, the more likely they are to be "motivated to deliberate when choosing among a range of modes of political communication" (Burkhalter et al., 2002, p. 418).

In an age when researchers track, and funders often fund, what can be most easily measured (Muller, 2018; Yankelovich, 1972), it can sometimes be difficult to attend to the subtler impacts of our work. While discrete actions that emerge from deliberation will remain important, it is also essential to consider the impact of deliberative efforts that are more difficult to observe, such as the way that deliberative interaction itself can transform the self, relationships, and the environment in which it occurs. Projects such as Cowboys Coming Together are essential not only because they result in action items, but because they shift the way participants operate in the world and with each other. I look forward to seeing how this project develops over time, and I thank the authors for sharing their thoughtful and meaningful work in this issue of the *eJournal of Public Affairs*.

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**Author**



Elizabeth Gish was a faculty member at Western Kentucky University from 2011-2020, where she taught in the Mahurin Honors College and served as Interim Chair for the Department of Philosophy and Religion. Her research focuses on the intersection of religion and public life, including research on women in religion and evangelicalism in the contemporary U.S. She is currently a program officer at The Kettering Foundation.



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## **Book Review: Reclaiming Conversation: The Power of Talk in a Digital Age, by Sherry Turkle, and We Need to Talk: How to Have Conversations That Matter, by Celeste Headlee**

**Nora F. Cox**  
Missouri State University

### **Author Note**

Discussed in this review:

*Reclaiming Conversation: The Power of Talk in a Digital Age.* By Sherry Turkle. Penguin. October 2015. ISBN: 978-1594205552. 448 pages. Hardcover, \$16.00

*We Need to Talk: How to Have Conversations That Matter.* By Celeste Headlee. Harper Wave. September 2017. ISBN: 978-0062669001. 272 pages. Hardcover, \$21.00

Nora F. Cox, Communications, Missouri State University.

Correspondence regarding this article should be addressed to Nora F. Cox, Senior Instructor, Communications, Missouri State University, Craig Hall 363A. Phone: (417) 836-3132. E-mail: [NoraCox@MissouriState.edu](mailto:NoraCox@MissouriState.edu)

When it was first published in 2015, Sherry Turkle's *Reclaiming Conversation: The Power of Talk in a Digital Age* read as essential, even urgent. Now, viewed through the lens of 2020, the book is even more relevant and timely. Dr. Turkle's academic training in both sociology and psychology, and her deep research in the areas of culture and technology, prepared her to carefully examine the ways individuals interact with their devices and how they use those devices to interact—or not interact—with others.

This past year has shifted many of our lives from IRL (in real life) to ever more URL (uniform resource locator) communication, making this an ideal moment to examine the data and analysis in *Reclaiming Conversation*. Turkle builds her case for human connection through conversation by drawing on a combination of metaphor, case study, and many examples pulled from her research. As one who teaches communication classes, I have spent years citing the research she shares in the book on how even a silent phone, when visible, can inhibit communication. This semester, I had the opportunity to teach the book to a class of honors students from a broad range of majors, including pre-med, mathematics, psychology, and social work. Like me, they found Turkle's findings compelling and challenging. Also like me, they said reading the book had changed their relationships with their ever-present devices.

Yet, at a time when we are staying distant to keep ourselves and others safe, haven't the screens won out? Should we give up on meaningful face-to-face conversations? Turkle argues that our ubiquitous technology—she refers to her phone as “my tiny god”—makes our need for true connection to ourselves and to others clearer than it has ever been. As she writes, “My argument is not anti-technology, it's pro-conversation” (p. 25).

Turkle uses Thoreau's idea of “three chairs”—“one for solitude, two for friendship, and three for society”—and adds a fourth, which encompasses the technologies that were impossible to imagine in the 19<sup>th</sup> century. *Reclaiming Conversation* views the first chair as an essential step toward truly meaningful interactions with others. Our ability to be alone with ourselves has been complicated by carrying computers with us everywhere we go. Regardless of our age, we can all be vulnerable to the appeal of what Turkle calls “the shiny objects of digital culture” (p. 62) to relieve what we perceive as boredom. Indeed, those very devices have manipulated our perspective on what boredom is, and they have effectively stolen our ability to be with our thoughts. Citing Paul Tillich, Turkle notes that “language ... has created the word ‘loneliness’ to express the pain of being alone. And it has created the word ‘solitude’ to express the glory of being alone.” Our phones mean we never have to be alone, and we miss out on the glory of solitude. Turkle provides many examples of study subjects sharing their experiences of using social media and various types of tracking devices, and how those technologies have affected their lives.

In Turkle's examination of communication when individuals use “two chairs,” she provides vivid examples of interactions between family members as well as in friendships. As my students related this semester, use of technology during family time is, for many, a long-running source of frustration and missed connections. Turkle describes too-frequent “silent mealtimes” as each person present stares into a tiny screen rather than at the faces of their family members. She observes that “family conversations at dinner are fragile things” (p. 108). Her research clearly shows that devices disconnect individuals from each other, and she explains why and how this occurs in her thorough discussion of how we treat and how we are treated by those closest to us. She shares examples of people who have known each other their entire lives or for decades, and how the new “normal” around technology has affected the depth of these relationships. In discussing the metaphor of the “two chairs,” she also addresses how texting as a



means of communication has altered the landscape of romantic connections. Turkle was interested in how flirting worked for teens interviewed for the book. One teen, Hannah, described the “NOTHING gambit” that occurs when someone does not respond to texts as “a way of driving someone crazy ... You don’t exist” (p. 177). Turkle notes that our ability to completely ignore an attempt at electronic conversation simply is not an option when we occupy the same physical space as the person trying to flirt with us. The devices we use are changing our behaviors and how we communicate.

Adding one more chair, Turkle offers a fascinating illustration from one of her own classes at MIT. She describes the group of students as intimate, since the class was capped at 20 and their topic of science, technology, and memoir captured their interest, resulting in deep and lively discussion. Halfway through the semester, which she thought was working well, a group of students asked to meet with her to confess they had been texting in class and felt bad about it. In a larger class discussion, even more students admitted they also had texted in class, despite the small number of people and the personal nature of the student interactions during the seminar. As a group, they decided to try staying device-free during class time, with a short break to check phones. The result? “Students finish their thoughts, unrushed. What the students tell me is that they feel relief: When they are not tempted by their phones, they feel more in control of their attention” (p. 212). Since the 1980s, Turkle has studied how humans interact with technologies, and she writes with great feeling about this preceding example of how even bright students (who know the challenges that devices pose to human attention) can fall into behaviors that they know disconnect them from the people in the same room as them.

In the “three chairs” section, Turkle also explores conversation in the workplace using vivid examples from a variety of studies. Meetings in the age of technology look very different from those in the days when people needed to be in a common space at least part of the time. She recounts tactics used in some workplaces to mitigate the negative effects of constant connection via technology. For instance, Turkle cites the Boston Consulting Group (BCG) and its successful experiment with disconnection. BCG found that, when its employees had the chance for “predictable time off”—that is, “afternoons or evenings totally disconnected from work and wireless devices, agreed-upon email blackout times, or uninterrupted work blocks that allow for greater focus”—those in the experiment reported higher levels of job satisfaction and happiness with work–life balance compared to employees who were not involved in the experiment.

Turkle’s fourth chair challenges us to look critically at what happens when we interact with machines. This section of the book, in which she concludes several hundred pages of insight into the hows and whys of human interaction in online spaces, is all the more profound now that many of us have spent countless hours meeting, celebrating holidays, interacting with medical professionals, buying groceries, etc., via machines rather than in person. Even though, in some cases, we are “together” virtually, we are still interacting through machines.

The structure of *Reclaiming Conversation* allows the reader to engage with thought-provoking research findings, concrete examples, and a philosophical approach to connection, and Turkle weaves all of these elements together seamlessly. Especially in light of the events of 2020, I find myself guided and challenged every day by her call to make our interactions intentional—whether with devices or directly with people around us. This year of distance has made the need for Turkle’s deep examination of our human connections vital.

The importance of meaningful connections through dialogue is also the topic of Celeste Headlee’s 2017 *We Need to Talk: How to Have Conversations That Matter*, a book that saved my Interpersonal Communication class that same year. The arrival of the planned textbook for

the course was delayed by wildfires and shipping issues, so in the first week of classes, I decided we would start the semester with Headlee's book instead, based only on having heard her in interviews discussing it. No doubt I was predisposed to trust her, having listened to her voice for decades on public radio. It also did not hurt that she had delivered a much-watched TED Talk sharing the ideas she developed in *We Need to Talk*, or that the book clocked in at under 250 pages, making it a nice fit as the class waited for the textbooks to arrive.

Since that semester, I have read Headlee's book with my students in both Interpersonal Communication and in a class called Consequential Conversations, and never has it seemed more necessary than now. Headlee combines social psychology insights from Danny Kahneman, economic data from Heather Boushey, and philosophy from Salman Rushdie (whom she describes as a favorite interview subject). Her research across various fields is presented against the backdrop of her lived experiences as a trained opera singer from a high-profile African American family who has spent her professional life interviewing thousands of people, famous and not, for broadcast. Her endless curiosity is clear from her diverse sources of inspiration and her professional interests. She takes the reader into her world of considering the best approach to learning from a conversation partner with whom she may only speak once, and for a relatively short time. Throughout the book, Headlee shares personal stories, making the reading experience very much like the kind of meaningful conversation she encourages readers to have.

Headlee organizes *We Need to Talk* into two main parts. In Part 1, she makes it clear that poor communication skills can cost billions of dollars as well as human lives. My students have found her description of how humans came to use language particularly fascinating. This is certainly a strength of the book. For those who can easily form words and speech, it is easy to take this ability for granted and overlook the complexity of conveying meaning. Headlee provides brief illustrations of how remarkable it is that humans can communicate in ways so distinct from birdsong or the growl of a dog, for instance. She takes a close look at the fancy devices we use to seemingly connect with each other and reveals that, in actuality, we often use them to avoid conversations that should happen. She writes, "We shut people out all the time. When we do connect, we usually seek out only those who already agree with our opinions" (p. 59). She also maintains that "technology will take us only so far; conversation can get us the rest of the way" (p. 100). Re-reading those words in 2020 was quite profound against a backdrop of social distancing. There is a real hunger for true connection now that many of us have learned more about what it means to be isolated, physically apart from people with whom we would like to be in conversation across a table.

Headlee argues convincingly that we first need to acknowledge the complexity of sharing meaning with another person. She highlights research that illustrates how unaware we tend to be about our bad communication habits such as inattention, poor listening, and avoidance of difficult topics. In my courses, the students and I often spend most of a class discussion on one line from Chapter 5 of *We Need to Talk*: "A good conversation is not necessarily an easy one" (p. 101). Students have revealed that they have often opted out of tough conversations with family members and peers. As a teacher of communication, this concerns me, of course, since it is vital that people of all ages build their skills in order to have challenging interactions. *We Need to Talk* includes a discussion of the power of apology that my students find compelling and thought-provoking. After making a strong case that we first need to be aware of how challenging competent communication really can be, Headlee provides some straightforward guidance around building relevant skills for meeting those challenges.

In Part 2 of her book, Headlee details the specific strategies she has identified through research and experience. She makes it clear that her goal is for readers to have “better conversations, deeper connections, and richer relationships,” and it is very difficult to think of anyone who would not want to learn more about how to get there. In 10 short chapters, Headlee describes, in clear language, techniques for enabling the “good conversation” that is the goal of the book. She uses pithy chapter titles to highlight what is important; *Get Off the Soapbox* and *Keep it Short* are just two of my favorites. The chapter titled *That’s a Great Question* includes a detailed but concise explanation of the power of open-ended questions. Asking open-ended questions is a technique often used in education, and instructors try to teach students to construct such questions as a way to help them think about thinking. Headlee writes, “The most uncomplicated questions often elicit a complicated response, just as a detailed question can result in a one-word answer” (p. 214).

The concluding chapters in *We Need to Talk* pull together all the lines Headlee has thrown out. She provides examples from her own life when she has not been attentive in conversations so we can learn from them. She refers to herself as “scatterbrained,” and in an age of distraction that may be true of many readers of the book as well. Her research-based explanations of how we can gain greater control over and awareness of our attention point the way to better conversations in the future.

In particular, I love the title of Headlee’s book. The phrase itself—*We need to talk*—may seem ominous or discouraging if we have ever heard it said in a tone of reproach. The meaning of the title, however, changes if the emphasis is placed on “we” instead of “need.” With the experience gained as a result of the constraints, limitations, and losses of 2020, we may feel more than ever that we need to *talk*—to really take the time to process these events. In order to do that in a significant way, we will need the skills Celeste Headlee describes so beautifully. Her book is important, especially as we prepare to once again share space with those not in our household or our pandemic “bubbles.” We need other humans for us to make sense of our world, and *We Need to Talk* can help us do that meaningfully.

**Author**



Nora Walcott Cox is a Senior Instructor in the Communication faculty at Missouri State University teaching Gender and Communication, Nonverbal Communication, Interpersonal Communication, Communicating Kindness, and public speaking.