
This worksheet helps users think about connections between their passions and potential career choices.

Why did you choose your major and/or career objective? What difference do you hope to make?

Examples:

I chose to become an engineer because I enjoy solving problems and making things.

I hope to become a doctor because I really like helping and supporting people at moments when they're feeling overwhelmed.



When you think about trying to make a difference through your career, what questions, concerns, or fears do you have?

Examples:

How do I identify places to work that will nurture my soul and not just my skills? I'm afraid of losing myself in my work and burning out before I can make a difference.

How can you make a difference when you're in your first few years on the job and don't have much influence?



What skills would it be helpful to develop while you're at UMBC, so you can overcome challenges to making a meaningful difference through your work?

Examples:

I'd like to know how to stay focused on my goals when my employer is paying me to pursue its goals and not mine.

I'd like to know how to make positive, humanizing change in my workplace in constructive ways, not just fit in.

