

This worksheet helps users think about how they can practice civic courage as they pursue social change and contribute to their communities.

CIVIC COURAGE = Congruence + Collaboration + Foresight + Strategic Patience + Systemic Responsibility + Respect

CONGRUENCE: *choosing to adhere to your core values and beliefs even when doing so may be inconvenient or risky.*

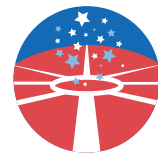
I have practiced **congruence** by...

I could do/could have done more to practice **congruence** by...

COLLABORATION: *choosing to include the full range of people with a stake in an issue in your decision-making and action, even when their perspectives are in tension with your own.*

I have practiced **collaboration** by...

I could do/could have done more to practice **collaboration** by...



FORESIGHT: *choosing to consider and take responsibility for all of the likely consequences of your actions, even when it would be easier to ignore them.*

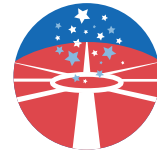
I have practiced **foresight** by...

I could do/could have done more to practice **foresight** by...

STRATEGIC PATIENCE: *choosing actions that are most likely to contribute to long-term progress, even when other approaches would be easier or more immediately satisfying.*

I have practiced **strategic patience** by...

I could do/could have done more to practice **strategic patience** by...



SYSTEMIC RESPONSIBILITY: *choosing to consider the long-term civic health of the whole community in every decision about strategy, tactics, and personal conduct, even when doing so may delay progress relating to an issue you care about.*

I have practiced **systemic responsibility** by...

I could do/could have done more to practice **systemic responsibility** by...

RESPECT: *choosing to recognize people's humanity, listen to their stories, and avoid writing them off based on their having perspectives in tension with your own.*

I have practiced **respect** by...

I could do/could have done more to practice **respect** by...